

This Week at UUCOB

## Members and Friends of the UU Congregation of Ormond Beach



### This Week July 19, 2020 at UUCOB

**DISCUSSION GROUP - 9:15 am: Implicit bias [and take a test at <https://implicit.harvard.edu/implicit/takeatest.html>]" *take a look before Sunday***

**SUNDAY SERVICE 10:30 - Rev. Kathy Tew Rickey, "White Fragility"** Let's face it, talking about racism is not easy. Even for those of us with the best intentions, the subject of racism can stir uncomfortable emotions that get in the way of meaningful conversation about racial justice issues facing us today. There's no better time to examine our own feelings and blind spots on the subject of racism, particularly if we are white and part of the dominant culture.

Service Leader: **Cliff Jackson**

**JOYS & CONCERNS** Email your joys & concerns to [Rev Kathy](#) by Saturday to include in the Sunday service.

Click on this link for Video and/or [Audio of Past Sermons](#)

## [Audio of Past services](#)

### Join via ZOOM for SUNDAY SERVICES

One [Zoom link](#) and password 673786 for Sunday services July 19- Oct 11th.  
[Dial-in & link plus Zoom instructions](#)

#### Or - Join Zoom Meeting below...

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<https://us02web.zoom.us/j/88443089054?pwd=WjhDMk9NVkcwbXJGRmpSSXMrb3diUT09>

Meeting ID: 884 4308 9054

Password: 673786

One tap mobile

+13126266799,,88443089054# US (Chicago)

+16465588656,,88443089054# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Germantown)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 884 4308 9054

**NOTE:** Please let Reverend Kathy know if you would like to borrow a copy of Robin DiAngelo's book, "White Fragility: Why It's So Hard for White People to Talk About Racism." She has five copies to lend out and can deliver one to you if needed. **Contact 386-677-6172 (UU) or 386-846-7246 (Rev. Kathy's H)**

## ANNOUNCEMENTS

**NOTE:** All events at/in the UU Building are cancelled until further notice - except

**Monday, July 20, 2020**

– YOGA- from 5:30 p.m. to 7:00 p.m. Room 5.

**Tuesday, July 21, 2020**

- Anon 2 - from 7:00 p.m. - 8:00 – Room 2

### From Your Minister



Zoom now requires a password and waiting room for every meeting. I have reset the Monday Lunch with the Minister to include those features. The link remains the same but the password is 397623, or use this link which has the password embedded in it:

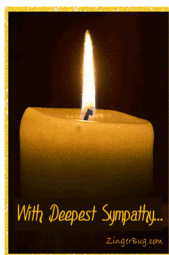
<https://us02web.zoom.us/j/862180343?pwd=WE90a3RCN3pSdWNaVVB1S1JRSXc0QT09>

If you want to dial in the # is: +1 646 558 8656; Meeting ID: 862180343;  
Password: 397623

The waiting room feature just means once you connect, you'll get a message that the host will admit you which I will do that promptly.

**Hope to see you for Monday Lunch!**

### Member News



#### *Update on prior members*

Laurie Scherer, who used to be a member of UUCOB, passed away July 14 in Port Orange. She was 98 years old. Her husband Bob Scherer, who had been a member died April 28.

## LIFE LONG LEARNING

The Life Long Learning Committee has decided to tentatively try out a Zooming procedure for program presentations. The first program is to be scheduled for the fourth Wednesday of September (09-23-20). The program title and presenter are TBA.

--Dan Kennedy, Chair, Life Long Learning Committee

## BORED? Do not know what to do?

Things you can do if you want to stay in in contact with your UU friends during the corona virus copid19 pandemic. We all desire to stay in touch with each other, but since it is not possible face to face right now there are so many other ways we can do to keep our relationship active with our UU friends and not so close friends.

**First**, have the latest UU Roster ready by your phone and or computer at all times! I have one in my purse and in the car so I can contact anyone at any time (except at night☺)

- Phone calls –leave a voicemail if no one answers and leave your phone number to assure you will get a return call
- Zoom calls – if you do not have a Zoom account many of us do and can help you set up a meeting. Luncheons and small group parties are fun, I know people who have “happy hours” on Zoom regularly.
- Writing cards or letters: the easiest part of all – it is fun to write letters and cards, of course, this can be costly since postage stamps are not cheap any more – but it is a gratifying activity to sit down and write your heart out to your friends
- Take walks – We are taking care of one another by using appropriate distance and wearing face masks. It is easy to keep distance in parks and river front parks.
- Sewing of face masks has become a favorite pastime of many: if you need help- just ask!

- Discussion Groups on food, cooking/baking, books, gardening, how to do “this that and the other” (This is where Zoom meetings come in)
- Attend Minister’s Luncheons on Mondays – they are fun and informative.
- Call your - children, grandchildren, old friends or other family members regularly.

There is a multitude of things we can do – by ourselves or together, the important part is to stay connected and in having close relationships with people you love and like. Most of you are probably already doing the above things, if you are, continue to do so; if you are not – begin today to do some of these activities. Start a routine that suits you. You will be glad you did.

Our beautiful UU building is closed for now, but this wonderful building is not our congregation - we - the members are, and for us to stay connected is to be a part of the Interdependent Web of Life, our life/lives. - Betty

## From the Board



The UUCOB Board of Trustees will meet at 5:30 PM on the third Thursday of each month on an online media to be announced. In case you are interested, UUCOB members are welcome to attend an electronic meeting of the Board.

You will have to ask for access code to enter the meeting Please contact

**President Julie Hilburn Julie Hilburn**  
**<juliehilburn26@gmail.com**

## UUCOB MISSION

Our Mission is to encourage and facilitate consideration of ethics, philosophies, and religions and the development of our individual values and beliefs; to provide opportunities for fellowship and mutual support; to establish and maintain a vigorous Unitarian Universalist presence in our local community; and to expand our membership.

This Week at UUCOB is published every Friday a.m. Deadline for article submission to [bngreen@fastmail.us](mailto:bngreen@fastmail.us) is the Wednesday before.

Add [uucob@aol.com](mailto:uucob@aol.com) the address we send it to you from, to your address book to reduce the risk of your mail client regarding it as spam'

Rev. Kathy Tew Rickey: Minister -revk2rickey@gmail.com

President: **Julie Hilburn** <juliehilburn26@gmail.com

RE teachers: Debra Hanson/Mary Wentzel

Cathy Jackson, Office Administrator: (386) 677-6172

Website <http://www.uuormond.org>

Like us on Facebook! <https://www.facebook.com/www.uuormond.org/>

**Office hours: Monday & Wednesday, 8:00-1:00; Tuesday & Thursday 2:00 - 6:30 p.m.**

**NOTE:** Please remember that Cathy Jackson works from home during the above hours until further notice, and she will not be physically in the office. She will respond to you by checking voice-mail and emails. Thank you for your understanding.

