

This Week at UUCOB

Members and Friends of the UU Congregation of Ormond Beach



This Week August 30, 2020 at UUCOB

9:10 Discussion Topic: “Ethnic Group & Cultural Diversity in the U.S. ”

10:30 Service - Dr. Barry Pendry, “The Mystical Brain”

Dr. Pendry will discuss Neurotheology and the Spiritual experience, with its implications for Unitarian Universalists. Currently, there is worldwide interest in Neurotheology, also known as the Science of Religion. Dr. Pendry will review Neurotheology from a UU perspective with emphasis on the spiritual/mystical experience. At the core of being, we are all mystics with opportunities to live the awakened life. Proponents say that Neurotheology is providing us with a Cliff Notes version of how to encounter the divine.

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Service Leader: Dan Gribbon

MEETING - immediately after the service join the conversation on the [Building & Grounds Committee's recommendations for the UUCOB Building PLUS](#)

Announcements and Joys & and Concerns should be sent by email to Dan Gribbin for the next six weeks, until Sept 6, in Rev. Kathy’s absence.

Cathy Jackson, UUCOB is inviting you to a scheduled Zoom meeting.

Topic: Virtual Discussion Group & Worship Service

Time: Aug 2, 2020 09:10 AM Eastern Time (US and Canada)

Every week on Sun, until Sep 6, 2020, 6 occurrence(s)

Aug 30, 2020 09:10 AM

Sep 6, 2020 09:10 AM

Please use this link and information for this Sunday (and the following five Sundays through Sept. 6) for weekly news, website, and discussion group reminders, for our virtual gatherings on zoom

Join Zoom Meeting

<https://zoom.us/j/95705312451?pwd=Y1lScUROU1hSS09ZazFIOEdBUmt6dz09>

Meeting ID: 957 0531 2451

Passcode: 076026

One tap mobile

+13126266799,,95705312451#,,,,,0#,,076026# US (Chicago)

+16465588656,,95705312451#,,,,,0#,,076026# US (New York)

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 957 0531 2451

Passcode: 076026

Find your local number: <https://zoom.us/u/abv9X1pqlk>

Cathy Jackson

uucob@aol.com

(386) 677-6172

Office Administrator

Sunday Service offertory donations...

Your continued financial support is deeply appreciated. Your tax-deductible offertory donation may be made to UUCOB by

1. using PayPal. You will find the donation button when you visit the UUCOB webpage <http://uuormond.org/>
2. Sending a check to UUCOB at 56 N. Halifax
3. Drive, Ormond Beach, FL 32176 marking the check -Offertory. Thank you very much.

ANNOUNCEMENTS

NOTE: All events at/in the UU Building are cancelled until further notice - except

Monday, August 31, 2020

- YOGA- from 5:30 p.m. to 7:00 p.m. Room 5.

Tuesday, September 1, 2020

- Anon 2 - from 7:00 p.m. - 8:00 - Room 2

ATTENTION

Office Hours may be changed due to teleworking, so call ahead to schedule face to face with staff.

Email or leave phone messages anytime.

Thank you.

--Cathy Jackson, Office Administrator

A reminder that your minister is on study leave in August. She will check email every few days and will respond to acute needs only. **For urgent matters concerning the Unitarian Universalist Congregation of Ormond Beach, please contact President Julie Hilburn at juliehilburn26@gmail.com . Thank you.**

From your President

This week you will receive information via email regarding needed updates to our church building and the grounds surrounding it. Please review this report when you get it written by our Building and Grounds Committee: Susan Garrison, Cliff Jackson and Mike Downey.

The following Sunday, after the service, there will be an opportunity to ask questions to our B and G crew.

Our finance committee is looking into our payment mechanism for these projects.

A special congregational meeting of all church members will be announced shortly so that members will have the opportunity to ask more questions and consider approval of the expenditure.

This is an exciting step in the growth of our church and I look forward to all of your comments.

Julie Hilburn, President

Member News

Gaia is 'under the weather'. Cards of healing, texts or emails would be lovely.

Gaia Davies 240 Dahoon Holly Dr., DB, 32117

386 871 8799 - for texting No calls to further notice!

email [gaiadavies@ gmail.com](mailto:gaiadavies@gmail.com)

Joyce Nelson



If you are interested, UUJEC's Summer Newsletter is [here](#).

Thursday, September 10, 8 PM EDT
Webinar: Solutionary Rail

is a strategy for electrifying America's long distance railroads for both passengers and freight, taking vast numbers of heavy trucks off our roads, plus many people out of cars and airplanes. For more information, [click here](#). **Submitted by Cathy Jackson**



Life Long Learning Fall 2020

What do Aging, Cancer, and the Short Life of the Bay Scallop, *Argopecten irradians* have in common?
Steve Estabrooks
Wednesday, September 22, 2020, 4:00—5:30

Argopecten irradians is a common name for Atlantic bay scallop or bay scallop. Dr. Estabrooks will discuss his research on *Argopecten irradians*, their reproductive cycle, and their lifespans. A bay scallop can double its weight postspawning and storing nutrients in the form of carbohydrates, lipids, and protein for an upcoming winter.

Steve Estabrooks has a PH.D. from the University of Rhode Island. He has worked in hospital laboratories and conducted research in marine biology on the island of Nantucket. He has taught courses on advanced biology, whales, chemistry, criminal investigations and marine biology to high school students.

Two Hundred Years of Great Scientists
William A. Hilburn
Wednesday, October 14, 2020, 4:00—5:30

When people think about the greatest scientists in history, most focus on two: Sir Isaac Newton and Albert Einstein. Though these two individuals both contributed to our understanding of the world and changed the direction of science during their lifetime, they are separated by 200 hundred years of the most profound and amazing discoveries. In this talk Drew Hilburn will discuss the contributions of the other great scientists during this 200 year interval, which enabled Einstein to enhance and extend one of Newton's greatest accomplishments.

Drew is an Advanced Placement Physics teacher at Mainland High School and is currently serving in his 27th year. He has taught physics at the junior high, high school and college levels, and was recently named teacher of the year at Mainland High School.

Early Developments in Christianity
Reverend Kathryn Tew Rickey
Wednesday, October 28, 2020, 4:00—5:30

In the early years following Jesus' death, his disciples and followers were left to ponder his teachings and live into them as best they could. Among the earliest Christians there were varied thoughts and beliefs not only about what Jesus taught but also about the nature of his human existence. Reverend Kathy will take a look at some of those varied beliefs and at a few non-canonical gospels. Then she will turn our attention to the key people and events which led to today's Christianity.

Kathy Tew Rickey is an ordained Unitarian Universalist (UU) minister. She serves the UU Congregation of Ormond Beach. Rev. Rickey has served congregations in Rochester, Syracuse, and Cortland, New York. She also served as a hospital chaplain in Rochester. Before becoming a minister, Rev. Rickey was a banking consultant and continuing education teacher. She raised two daughters and several dogs while living in various places in the Eastern U.S. Over the years, she has taught many adult and youth religious education courses in the context of congregational life.



Virtual Course Offered by The Mountain Retreat and Learning Center:

Understand White Privilege and Become an Anti-racist.

A six-weeks series on Wednesdays from 12 noon – 1:30 p.m.

Sept. 23 – Oct. 28. Excellent teacher (ask Cathy Jackson for references)

Energizing People for Positive Change

Learn how to Be More. Learn More. Do Better.

Do better both as an individual white person, and as a member of the white racial group in America.

Learn how to Do More to become an anti-racist (versus a non-racist)

... for yourself and your white racial group.

Acquire guidance and answers to these questions and more:

- What is white privilege?
- Why is it so difficult for white people to talk about racism and how can we do better?
- What is the difference between a racist, a non-racist and an anti-racist?
- How can each one of us authentically become an anti-racist?

Collaboratively develop an individual action plan to help yourself, your race, your community and your country - **do and be better.**

• **Come with humility and an open mind and heart.**

Dr. Rita Brodnax

Rita Brodnax earned her doctorate in educational leadership with a focus on applying brain research to teaching, learning and communication. She has had culturally diverse and in-depth experiences in the education field, from teacher to administrator, professional development coordinator to consultant. Dr. Brodnax is passionate about creating engaging programs that address real world challenges and contribute real world solutions.

Recommended Resources:

"White Fragility: Why It's So Hard for White People to Talk about Racism"

by Robin DiAngelo, forward by Michael Eric Dyson

"How to Be an Antiracist"

by Ibram X. Kendi

Cost: \$60. Registration link:

<https://www.themountainrlc.org/understand-white-privilege>

From the UUCOB Board President



The UUCOB Board of Trustees will meet at 5:30 PM on the third Thursday of each month on an online media to be announced. In case you are interested, UUCOB members are welcome to attend an electronic meeting of the Board.

You will have to ask for access code to enter the meeting Please contact

President Julie Hilburn Julie Hilburn <juliehilburn26@gmail.com

Next BOT meeting is September 17, 2020

UUCOB MISSION

Our Mission is to encourage and facilitate consideration of ethics, philosophies, and religions and the development of our individual values and beliefs; to provide opportunities for fellowship and mutual support; to establish and maintain a vigorous Unitarian Universalist presence in our local community; and to expand our membership.

This Week at UUCOB is published every Friday a.m. Deadline for article submission to **bngreen@fastmail.us** is the Wednesday before.

Add **uucob@aol.com** the address we send it to you from, to your address book to reduce the risk of your mail client regarding it as spam'

Rev. Kathy Tew Rickey: Minister -revk2rickey@gmail.com

President: **Julie Hilburn <juliehilburn26@gmail.com**

RE teachers: Debra Hanson/Mary Wentzel

Cathy Jackson, Office Administrator: (386) 677-6172

Website **<http://www.uuormond.org>**

Like us on Facebook! **<https://www.facebook.com/www.uuormond.org/>**

Office hours: Monday & Wednesday, 8:00-1:00; Tuesday & Thursday 2:00 - 6:30 p.m.

NOTE: Please remember that Cathy Jackson works from home during the above hours until further notice, and she will not be physically in the office. She will respond to you by checking voice-mail and emails. Thank you for your understanding.