

# Unitarian Universalist Congregation



## Ormond Beach

### A WORD FROM OUR MINISTER— Living Authentically

Often the word “integrity” is used synonymously with the word “honesty.” But in the context of spirituality, integrity is more about wholeness. It can also be expressed as being authentic, being true to yourself, and living seamlessly between your values and how you live in the world. It is nearly impossible to be 100% integrated (Jesus or the Buddha might have been) but it’s a worthy goal to strive for.

There is a way to actually illustrate integrity. First imagine a strip of paper one-inch wide and a foot long. Imagine that you join the two ends into a circle. There’s an inside and an outside to it and never the twain shall meet. When that’s the case, our living is like the circle, with no connection between our innermost selves and how we live in the outside world. In fact, we spend so much time and energy on the outer part of the circle that we don’t even know we have an inside – an inmost self.

But if you were to cut that circle, lay it out in a strip, give it a little twist, and put it back together again, you would have something that looks like an infinity sign. It’s called a Mobius Strip:

With the Mobius Strip, there’s a continuity between the inside and the outside such that we live in the outside world more authentically; we live our lives with integrity. It could be so in our lives, as well. But we can’t necessarily will it to be so. We must spend time on the inside — accessing our deepest selves takes time and effort. As Quaker writer, Parker Palmer says, “the soul is shy,” and it takes a circle of trust to draw it out.



In the UU world, we call a circle of trust a Soul Matters group. In Soul Matters groups, people have found wisdom and insight they didn’t know they had coming from deep within. Being in the quiet of a circle of trust allows us to hear the still small voice within.

Last month, I invited you to sign up for a Soul Matters group. This month, I will be forming groups. If you think you might enjoy learning more or would like to join a group, let me know. In the meantime, I heartily recommend, Palmer’s book, *A Hidden Wholeness: The Journey toward an Undivided Life*. Here is a link to a synopsis of the book: <http://www.couragerenewal.org/approach>. The website is sponsored by Parker Palmer. Check it out and learn more about cultivating a life of integrity.

Yours in faith,  
--Rev. Kathy



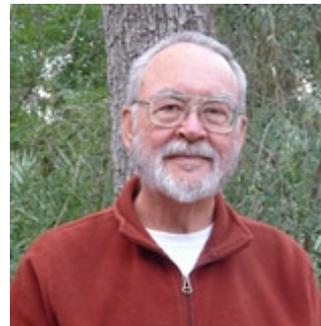
In place of our usual First Friday potluck, our annual Valentine Dinner will take place February 10<sup>th</sup> with Bill Ternent as head chef. The menu includes appetizers, salad, three choices of entrees (roast beef, salmon, or vegetarian stuffed Portobello mushroom) as well as coffee and dessert. The cost of this delicious 4-course meal is \$25 and includes a glass of wine, beer or soft-drinks. We’ll have some wonderful music and kick off our yearly pledge drive that evening. Be sure to add your name to the list in the back of our sanctuary.



**Becky Caschette**



**Brenda Tart**



**Bill Patterson**



**Kyra Brokoph**



**Brian Bielick**



**Marge & Jim Hendra**



**Pat Snyder**



**Marion Ahlstedt**



**Yvonne Seiwel**



**Dale & Betsy Harmon**

Welcome  
to our new **UUCOB**  
Members!

## **PRESIDENT'S MESSAGE— Your Board of Trustees at Work**

Before I start a list, I want to remind everyone that UUCOB's Board meetings are always open to any interested party, but most especially our UU members. You are always invited to attend our meetings on the 3<sup>rd</sup> Thursday of each month from 5:30 to 7 p.m. Often only one or two non-Board congregational members attend, but we welcome anyone. Our agenda is worked out by the Board members themselves and the pastor. However, if you'd like to add an item to the usual agenda, you are welcome to send that request for Board time to me as president, or Julie Hilburn as secretary, at least a week before the meeting.

Our Board minutes, once approved, are posted on our UUCOB website. Any member may go to the website ([www.uuormond.org](http://www.uuormond.org)) and read them. Please do. And please, come to any Board member with any questions you may have. To remind you of who is currently on our Board, here is a list:

Joan Thate, president; Anne Matterson, vice-president; Julie Hilburn, secretary.  
Trustees: Phil Elliott, John Horner, Sheila McMahon, Evan Rivers, and Barbara Sandberg.  
We are still in need of a treasurer.

Here are some items of business that we're working on right now:

1. The pledge drive, which includes the Valentine dinner, and I'll be emailing you about how we are working at simplifying the rest of the process this year.
2. Working on creating a budget for the upcoming fiscal year.
3. Working with our new minister as she becomes the leader of our congregation.
4. Working on a plan to involve the entire congregation in the creation of a Covenant of Right Relations.
5. Reading and reacting to reports from all our standing and ad hoc committees.
6. Working on by-laws revisions.
7. Discussing and working with the minister on a leadership development program.
8. Dealing with the many physical plant problems that seem to never go away, such as air conditioning.
9. Looking at the information slowly coming in from the congregational canvass.
10. All the other nitty-gritty details that crop up on a regular basis.

As you can see, we work on many necessary but unexciting issues, but we also are continually trying to work on how our community can function in ways that make it better for everyone. That's the exciting and rewarding part of the job.

We welcome your input and your help. We need every one of you. You are why we do this.

--Joan Thate

## **UPCOMING SUNDAY SERVICES**

### **January 29—Dan Gribbin, "The Blues and the American Spirit"**

Gribbin traces the blues from work songs and field hollers through Leadbelly, who was a repository for these songs and who gave white America its first experience with Delta Blues, helping them to connect with the descendants of slaves. While gospel music inspired African-Americans to endure the hardships, the Blues laid the groundwork for epic social change.

Service Leader: Linda Kalaydjian

### **February 5—Dr. Chester Wilson, "Achieving Social Justice"**

Dr. Wilson is VP of Quality Assurance for SMA Behavioral Healthcare, Inc. and also Assistant Professor of Criminal Justice for Bethune-Cookman University. He has been dynamically engaged in the community and also has been active as a trainer and mentor.

Service Leader: Patty Alsobrook

**February 12—Rev. Kathy Tew Rickey, Stewardship Sunday, “Generosity as a Spiritual Practice”**

What happens when we give of ourselves from the heart? What does it mean to give gratuitously? How might committing Random Acts of Generosity transform us? Rev. Kathy will explore these questions in connection with spiritual growth.

Service Leader: Bill Ternent

**February 19—Rev. Kathy Tew Rickey, “A Hidden Wholeness”**

This is the title of Quaker teacher, Parker Palmer's book on living authentically. It is the basis for our small group ministry or "Soul Matters" groups which will launch this month.

Service Leader: Brian Bielick

**February 26—Rev. Kathy Tew Rickey, “A Spirit of Resistance”**

Resistance will be the first of spiritual values which we will explore in worship and in newly formed Soul Matters groups. Rev Kathy will consider what it means to be a person of resistance.

Service Leader: Rita Sheeler

**SHARE-THE-PLATE— Meals on Wheels**

On Sunday, February 19, one-half of your offerings will be shared with the Volusia Meals-on-Wheels program. This organization delivers hot food and big smiles to needy recipients. Once a day, Monday through Friday, volunteers deliver nutritious and tasty hot meals to ensure that our senior citizens get life-sustaining nutrition. While specially trained Meals-on-Wheels volunteers are delivering the hot lunches, they can also check on the welfare of these individuals and bring them a friendly smile that brightens their day.

The Meals-on-Wheels program in Volusia County is an economical way to ensure that our elderly citizens are getting vital nutrition. Serving over 260,000 meals annually, Volusia's Council on Aging has pioneered home-delivered meal services and continues to set the bar for quality and safety in Northeast Florida. Not only must the program meet its own high standards, but it also must adhere to strict governmental regulations. Please be generous in assisting our seniors to better nutrition and in helping them to stay in their homes. All of our Share-the-Plate funds will stay in the Ormond Beach community for our seniors. Every dollar that you give is matched through Elder Source. **Please be generous on February 19.**

**ALLIANCE NEWS FOR FEBRUARY**

Christmas activities. Alliance craft, jewelry and cookie sales, plus Share-the-Plate donations, raised \$1,876 for our Christmas gifts of movie tickets, restaurant coupons, I-tune cards, duffel bags, MP3 players, fishing poles and make-up kits to 16 teenagers who live in two Volusia group homes. They also received new shoes and socks through Shoes-That-Fit.

The Alliance gave Christmas gifts to our volunteer kitchen staff, the RE teachers, and some special volunteers from the Caring and the Buildings & Grounds committees. Our UU members also contributed 270 pairs of new socks to decorate our Christmas tree, which have been donated to the Domestic Abuse Council Shelter.

Soup Lunch. The Alliance serves lunch about once a month to raise money for various organizations that we support. In January, the donations from the soup lunch went to F.A.I.T.H. (Fighting Against Injustice Toward Harmony), a coalition of religious organizations in Volusia County, including Christians, Jews, Muslims and Sikhs, that have joined together to change systems of injustice, rather than just treating the symptoms.

For example, instead of setting up soup kitchens to feed the homeless, F.A.I.T.H. has pressured the county and city governments to make structural changes designed to decrease the number of people who are homeless. Currently, F.A.I.T.H. is promoting the Volusia Safe Harbor homeless shelter, which will include an integrated program of social services, intended to help homeless individuals cope with substance abuse, access medical treatment and vocational training, and find jobs and places to live. This year, F.A.I.T.H. also initiated an effort to get local law enforcement agencies to issue civil citations to juveniles involved in first-time non-violent violations and misdemeanors, rather than arresting them.

The time and materials for all Alliance activities are donated by our individual members. These include soup lunches, cookie sales, refreshments for special events, and Memorial service receptions. Alliance members not only cook and bake, but they donate all the ingredients. Please remember that when you are buying soup or munching desserts and snacks, that your entire donation goes to Share-the-Plate recipients.

--Gaia Davies

## FAITH— Facts for February

**“The time is always right to do what is right,” — Martin Luther King, Jr.**

The FAITH effort this year at our UU is dedicated to Natalie Dix Williamson, who spent her life standing on the right side of justice.

Please note the date, Thursday, February 2<sup>nd</sup>—for this year’s **Justice Ministry Team Assembly** at Mt. Zion AME Church. The following month, our **big Rally to Action** is scheduled for 6:30 pm **March 6** at Epiphany Catholic Church. Our UU "team" will meet sometime before February 16, and members of our congregation are welcome to attend. Team leaders and members of each congregation can bring issues before the gathering of all our local congregations. All our UU members and friends are welcome to attend any of these meetings, but it is the **March 27<sup>th</sup> Action Assembly** that is most vital to our effort.

This year’s **Action Assembly will be held March 27<sup>th</sup> at 6:30 pm at the Peabody Auditorium.** (We’ll meet at Peabody instead of Bethune Cookman University Auditorium to provide attendees with better parking.) We want to see 100 of our Unitarian Universalist members and friends attend this event as a show of support for the FAITH agenda. Our numbers are part of our power! At the assembly, we will push for action on building the shelter as well as on providing job-search capabilities and medical care services for the homeless.

FACT: Volusia County pays \$3,000,000 of our tax money annually to keep homeless men in jail.

ISSUE UPDATE: The Homelessness Committee of FAITH met with Ed Kelly, the newly-elected Chairman of the Volusia County Council. Mr. Kelly said that he is committed to help move our plan for a homeless shelter **to the county level.** It will take all of us showing up to hold him to his word.

--Leigh Montgomery

## DENOMINATIONAL AFFAIRS—Planning for the 2017 General Assembly

During the past four years, our Denominational Affairs Committee has sent surveys to members of our UU requesting suggestions to consider submitting to the annual UUA General Assembly of Congregations. We are grateful that approximately 10% of the survey recipients have responded to them each time. These surveys, which fit our Vision Statement, are sent to the General Assembly and help decide how the scarce resources that UUCOB sends to UUA will be spent. We hope that at least 50% of our members will respond to future UUA surveys and thus help decide how the UUA spends our contributions.

--John Horner

## LIFE LONG LEARNING— Programs for February

The Life Long Learning programs for 2017 will be varied and include topics related to philosophy, history, spirituality, archaeology, and education. Each program includes time for audience questions and comments. Excepting holidays, programs are usually scheduled for the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays, from 4:00 to 5:30 p.m.

### To Hell with Hell? —February 8<sup>th</sup>

Skip Lowery, professor and poet, will discuss ideas concerning a possible afterlife of eternal torment in Hell have been with us from ancient to modern times. This program will examine historical concepts of Hell found in religious and other literature. Ethical issues will be raised, such as frightening young children with horrendous visions of Hell. Audience members are encouraged to share their opinions.

Skip Lowery comes from a teaching and writing career background. He is the author of numerous articles and photo-essays published in local and national magazines, as well as the play “Mark Twain: Stormfield Days” performed at DeLand’s Sands Theater and read at Sarasota’s Asolo Theater.

### Favorite Poems —February 22<sup>nd</sup>

Robert Frost was quoted in Newsweek saying he’d “Just as soon play tennis with the net down” as write free verse. Not everyone will agree with this controversial view, but few would argue with the idea that a poem which rhymes and has a regular meter is likely to sound better than free verse when read aloud. Dr. Rodney O. Rogers will read some of his favorite poems, punctuated by brief biographical and textual information to help us better understand and appreciate them. All of the poems are short, and with the exception of a few, are by poets “playing Tennis” with the net up and stretched taut.

Dr. Rogers is Professor Emeritus at Embry-Riddle Aeronautical University. In an unconventional 46- year academic career, he has also taught literature, computer science, and aeronautical science at Clemson, the Citadel, and University of North Carolina, Asheville.

--Dan Kennedy

**Editor’s Note:** Dan Kennedy had an article featured in the *Human Prospect* magazine, published by the Institute for Science and Human Values. The title of his article is “Omar Khayyam: An Existential Humanist.”

## RELIGIOUS EDUCATION—Notes from the Back Room

We are starting an exciting project that corresponds to the lessons that we are exploring as part of the UUA *Signs of Our Faith* curriculum. The students are creating a UU Principles book where each Value corresponds to a color of the rainbow. For example – Red for Respect. The students will design a picture page illustrating the Principle, using its special color.



Our students can experiment with all sorts of materials as they unleash their creativity. Quotes, opinions and poetry will be part of the picture, or some of these may even require their own page. After each large page is assembled, we will photograph it to get it down to book size. This project will be a long-term one as each page, including the title page, will take a Sunday apiece, eight pages altogether. We can’t wait to share with you the results. What a fun way to reinforce all that UU stands for!

--Debbie Hanson

February 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> Cooking Class: 2:30-5:30 pm Choir Rehearsal: 6-7:30 pm	<b>2</b> Caring mtg.: 10 -11 am FAITH mtg: 11 am-1 pm Spiritual Growth: 4:30-6 pm N Anon: 7-8 pm Guided Meditation: 7-8:30 pm	Carpet cleaning-- UU building will be closed 8 am-10 pm	<b>4</b> Subud Mtg: 6-9 pm
<b>5</b> Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	<b>6</b> Yoga: 6:15-7:45 pm	<b>7</b> Mah Jongg 1: 10 am -noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	<b>8</b> Worship mtg: 11 am –noon Life Long Learning: 4-5:30 pm Choir Rehearsal: 6-7:30 pm	<b>9</b> Finance mtg: 10:30am –noon Alliance: 11:30 -2 pm Spiritual Growth: 4:30-6 pm N Anon: 7-8 pm Guided Meditation: 7-8:30 pm	 Valentine Dinner: 5-9 pm	<b>11</b> Geho Gold: 9 am-noon
<b>12</b> Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Recital: 2-5 pm Tai Chi: 4-5 pm N Anon: 7-8 pm	<b>13</b> UU Office closed. Yoga: 6:15-7:45 pm	<b>14</b> Writers Group: 10 am –noon Mah Jongg 1: 10 am -noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	<b>15</b> Choir Rehearsal: 6-7:30 pm	<b>16</b> Spiritual Growth: 4:30-6 pm <b>Board of                      Trustees Mtg:                      5:30-7 pm</b> N Anon: 7-8 pm Guided Meditation: 7-8:30 pm	<b>17</b> Exploring Metaphysics 6-7 pm	<b>18</b>
<b>19</b> Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	<b>20</b> Yoga: 6:15-7:45 pm  <b>Jotter</b> articles due	<b>21</b> Mah Jongg 1: 10 am –noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	<b>22</b> Life Long Learning: 4-5:30 pm Choir Rehearsal: 6-7:30 pm	<b>23</b> Membership Mtg: 2:30-4 pm Spiritual Growth: 4:30-6 pm N Anon: 7-8 pm Guided Meditation: 7-8:30 pm	<b>24</b> People’s Church: 6:30-8:30 pm	<b>25</b>
<b>26</b> Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	<b>27</b> Yoga: 6:15-7:45 pm	<b>28</b> Writers Group: 10 am –noon Mah Jongg 1: 10 am-noon Women’s Group: 1- 2 pm Meditation: 6:30-8:30 pm N Anon: 7-8 pm				

### Upcoming Sunday Services

Date:	Topic:	Presenter:	Service Leader:
January 29:	"The Blues and the American Spirit"	--Dan Gribbin	--Linda Kalaydjian
February 5:	"Achieving Social Justice"	--Chester Wilson	--Patty Alsobrook
February 12:	"Generosity as a Spiritual Practice" Stewardship Sunday	--Rev. Kathy Tew Rickey	--Bill Ternent
February 19:	"A Hidden Wholeness" Share-the-Plate offering— Meals On Wheels	--Rev. Kathy Tew Rickey	--Brian Bielick
February 26:	"A Spirit of Resistance"	--Rev. Kathy Tew Rickey	--Cliff Jackson



### February Birthdays

Terry Terranera -2<sup>nd</sup>  
Tom Hanson- 3<sup>rd</sup>  
Robert Owens -5<sup>th</sup>  
Dan Kennedy -6<sup>th</sup>

Chris Gruner - 13<sup>th</sup>  
Pat Maden -17<sup>th</sup>  
Scott Macpherson -23<sup>rd</sup>  
Harry White -28<sup>th</sup>



## The Jotter

Newsletter of the Unitarian Universalist Congregation Ormond Beach

February 2017

Rev. Kathy Tew Rickey, Minister [revk2rickey@gmail.com](mailto:revk2rickey@gmail.com)  
RE teachers: Debra Hanson/Mary Wentzel: (contact UU Office)  
Cathy Jackson, Office Administrator: (386) 677-6172  
Office hours: M/W: 8 am to 1 pm & T/Th: 2:00 to 6:30 pm  
Sunday: 9:45 am +

Joan Thate, President: [jbthate@gmail.com](mailto:jbthate@gmail.com)  
Carolyn West: **Jotter** Editor (386) 672-9352  
Website: <http://www.uuormond.org/>  
Children's' RE on Sunday 10:15 -11:45 am  
Discussion Group meets Sunday at 9:15 am

**Sunday Service: 10:30 am**