

This Week at UUCOB

Members and Friends of the UU Congregation of Ormond Beach



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May 6, 2018 Worship Service

9:15 Discussion Group Topic: "Laughter is the Best Medicine"

10:30 Service:—Rev. Kathy Tew Rickey, “To Save or Savor the World?” A famous passage from E.B. White explores choosing between saving the world or savoring it; he quips, “This makes it hard to plan the day.” This month, our worship theme is Balance. What does balance mean in the context of a spiritual value or practice? What does it look like or feel like to be “balanced?” Would you choose to save or to savor?

Service Leader: Cliff Jackson

Events this week

May 9, 2018

4:00 p.m. Life Long Learning – Room 1
6:00 p.m. Choir Rehearsal – room 5

May 10, 2018

10:15 a.m. Democracy Now -
10:30 a.m. Finance Meeting – Room 2

Upcoming Special Events

Letter to the editor by Ellen Nielsen on May 3.

YOUTH DIVERSION MAKES SENSE

<http://www.uuormond.org/index.php?cID=166>

Life Long Learning in May

“Poetry is Personal”— May 9th

This program presents a panel of poetry aficionados, who will discuss their individual, personal experience with poetry. Each will explain why poetry is important in their life and will share with us some poems, which are meaningful to them.

Jim Cunningham has taught poetry and other areas of the humanities for 44 years. In addition, Dr. Cunningham has served as Department of Humanities & Social Sciences Chair at Embry-Riddle Aeronautical University and more recently as Associate Vice President, Academics and Director of the Study Abroad Programs at Embry-Riddle.

Rodney Rogers has had a thoroughly unconventional 46-year academic career, teaching literature, computer science, and aeronautical science at universities including Clemson, the Citadel, the University of North Carolina at Asheville, and Embry-Riddle Aeronautical University. Dr. Rogers earned doctoral degrees in English and American Literature from the University of Virginia and in Computer Science from the University of Central Florida.

Joan Thate is the President of the Unitarian-Universalist Congregation Board of Trustees. She has spent a long career teaching high school students and then teachers. During her 47-year career, she has taught American and English literature, creative and expository writing, speech, drama, American and European history, sociology, psychology, economics, advanced placement English and American History, and lunch duty. She also spent her summers taking additional courses a variety of subjects.

“The Impact of Stigma on Mental Health and Mental Illness” — May 23rd

Many people with mental disorders and problems experience unnecessary extra suffering. The social stigma attached to mental ill health and the discrimination that individuals experience, often reinforced by media depictions and language, can make recovery more difficult. **Preston Garrison** will explore the history, course of development, and impact on people who experience such stigmatization and who live with one of the world’s most common and complicated problems of global health.

Dr. Garrison retired in September 2009 as the Secretary-General and Chief Executive Officer of the World Federation for Mental Health, the oldest and largest international citizen’s advocacy and educational organization working in the field of mental health. Preston served as the chief executive officer for the National Mental Health Association (US) from 1984 through 1991. Earlier, he served as chief staff officer for NMHA affiliates in Tennessee, Georgia, and Florida, which focused on the development of effective grassroots mental health public policy advocacy, public awareness, and consumer involvement. --Tom Hilburn

The Social Justice team of the UU Congregation of Miami is trying to start a statewide **ballot initiative on issues related to gun violence** and looking for help on putting one together. Contact Terry Lowman at 515-441-9844, terryleelowman@gmail.com

UUA Mid-Year Update 2018

Reverend Susan Frederick-Gray (UUA President) and Carey McDonald (Chief Operating Officer) share a brief video report, and longer written report:

<https://www.uua.org/pressroom/press-releases/uua-mid-year-update-2018>

Denominational Affairs Chair: John Horner



THE MOUNTAIN—UU Style Fun, Adventure, Relaxation and Inspiration

The Mountain Retreat and Learning Center is a non-profit program center, a summer youth camp and also a retreat for individuals and groups. The varied programs aim to inspire people of all ages through a nurturing community, connection with nature study and fun, challenging programs.

Voted by USA TODAY as "one of ten great places to renew the soul," the Mountain is an ecologically conscious center that has been inspiring people of all ages for more than 30 years with enriching programs, a caring environment and amazing beauty. Located in the southern Appalachian Mountains, within the Nantahala National Forest in western North Carolina, the Mountain is an extraordinary camp and retreat center serving youth, adults and families.

Founded in 1979, the center continues to be guided by Unitarian Universalist values and is open to all, providing experiences that include a strong commitment to peace, justice and environmental stewardship. A variety of programs are open to families with children as well as individuals. For more information, registration links, costs, and specific program descriptions, go to www.mountaincenters.org and discover new ways to spend a relaxing, interesting and inspiring summer vacation.

Mark your Calendar - SHARE-THE-PLATE — Shoes-That-Fit

On Sunday, May 20th we will share our offering with the Shoes-That-Fit program. Since 2006, our UU has provided new shoes and socks for school-aged children in Volusia County. This year we will purchase new footwear for the teenagers who live in Brian's House and Destiny House, both facilities run by the Children's Home Society of Volusia County. These teenaged girls and boys have been taken out of their homes for their own safety. Living at Brian or Destiny offers them a sense of security and stability. Each teen's name, size, age and gender are then given to the Alliance, and our members purchase the new shoes and socks for them. Shoes-That-Fit is uniquely efficient and effective in helping kids improve their self-esteem and fit in at school by eliminating one of poverty's most visible and debilitating marks. So, on Sunday, **May 20th** please remember to bring your generous contribution. Many thanks.

-- Joyce Nelson

If you are attending UUA General Assembly



GA 2018

Kansas City, Missouri

ARE YOU READY?

Go to uua.org/ga/prep for a wide selection of pre-GA activities to get the most out of worship, witness, and learning in Kansas City.

Do at least one activity in each of five categories and claim a "GA READY" badge ribbon in KC.

uua.org/ga/prep

ALL ARE CALLED!

UUCOB

Our Mission is to encourage and facilitate consideration of ethics, philosophies, and religions and the development of our individual values and beliefs; to provide opportunities for fellowship and mutual support; to establish and maintain a vigorous Unitarian Universalist presence in our local community; and to expand our membership.

This Week at UUCOB is edited by Betty Green. If you're interested in helping to edit it, please contact her bngreen@fastmail.us This Week at UUCOB is published every Friday a.m. Deadline for article submission to bngreen@fastmail.us is the Wednesday before.

Add UUCOB@aol.com the address we send it to you from, to your address book to reduce the risk of your mail client regarding it as spam'

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Office hours: M/W—8 a.m. to 1 p.m. & T/Th—2 p.m. to 6:30 p.m. & Sunday, 9:45 - 10:30 & 11:30 - 12:30