

Unitarian Universalist Congregation



Ormond Beach

A WORD FROM OUR MINISTER— Guideposts

Years ago, I would look skeptically through my stepmother's issues of *Guideposts* stacked on her coffee table. The monthly publication comprises mostly ecumenical Christian devotionals, but Jewish writers contribute as well. The *Guideposts* magazine was founded by Dr. Norman Vincent Peale, Ruth Stafford Peale, and Raymond Thornburg in 1945, and was intended to help soldiers returning home from the war.



Fast forward to today, and even though *Guideposts* is not my kind of inspiration, I can understand the need to have them – guideposts, that is. Maybe it's aging, maybe it's a sign of the times, but I feel we are living once again in an era of great uncertainty about our future as citizens of our city, state, country, and planet. Never before in my life have I felt a greater need for guideposts, anchor points, or beacons to aid us as we navigate what seems like an increasingly chaotic existence. I need something to help me see the way through what Parker Palmer describes as the "blizzard of modern existence." At the very least, I need the hope that there is a way through. What about you?

If guideposts or inspirational words help us through uncertain times, what would Unitarian Universalist guideposts look like? I suggest we consider those presented to us at the choir service on January 19th when candles were lit for Courage, Service, Fellowship, Hope, and Love (as inspired by Frederick May Eliot):

Courage: to live out our spiritual values as prescribed by our Seven Principles and as inspiration for many faith traditions;

Service: to help others in our midst in need of healing — the homeless, the heartsick, the hungry, the vulnerable among us;

Fellowship: to honor the humanity in each of us, to practice compassion and kindness in our human relations, to uphold the dignity and worth of every person;

Hope: to never give up hope — The arc of the universe is long but it bends toward justice. We may not live to see results of our good works, yet we cannot give in to despair and do nothing.

Love: Agape Love — a love that transcends all other forms of relational love — a deep and abiding love for our fellow humans with empathy and concern for the welfare of all.

Let these spiritual values be our guideposts as we walk together in these sometimes confusing and frightening times. Let us embody these values and be exemplars in our community of what it means to be Unitarian Universalist in 2020.

Yours in faith,

Rev. Kathy

UPCOMING PULPIT PRESENTATIONS

February 2: Rev. Kathy Tew Rickey, "As the Spirit Moves"

It's time once again to let inspiration be its own guide, to allow the spirit to move within and see what bubbles up.

Service Leader: Cliff Jackson

February 9: Rev. Kathy Tew Rickey, "Breaking the Yoke: Isaiah and the Call to Justice"

The lack of affordable housing for the working poor in Volusia County is like a yoke around their necks. Isaiah 58:6 says that we are called to "break every yoke" of oppression among our brothers and sisters. Persuading the County Council to "break the yoke" by providing an Affordable Housing Trust Fund is the work of F.A.I.T.H. this year and thus our work. What is our moral compass on this issue and are we as UU's beholden to Isaiah's exhortations?

Service Leader: Rita Sheeler

February 16: Rev. Dr. James Shoopman, "The Struggle to Forgive"

Dr. Shoopman will discuss our ongoing struggle to release ourselves from the quest to "get even," or at least get justice for the injuries and insults we inevitably suffer. One of the many "problems of suffering," in life is the struggle to give greater place to love, understanding and a more peaceful way to live.

Service Leader: Ellen Nielsen

February 23: Rev. Kathy Rickey, "Michael Servetus: Martyr for Unitarianism"

The first in a series of Unitarian Universalist history sermons, Servetus' story will be presented. Servetus is one of the most interesting figures in our history which dates back to the 16th century and the beginning of the Protestant Reformation.

Service Leader: Paul Pritchard

SHARE-THE-PLATE— Meals on Wheels



On Sunday, **February 16**, one-half of your offerings will be shared with the Volusia Meals-on-Wheels program. Meals-on-Wheels is a lifeline to the elderly in Volusia County as volunteers deliver hot food and big smiles to needy recipients. These nutritious, tasty hot meals ensure that our senior citizens get life-sustaining nutrition. For many, this is the only meal they get all day, and some do not get meals on weekends. However, the look on the faces as we deliver their meal is very rewarding. While Meals-on-Wheels volunteers are delivering the hot lunches, they can also check on the welfare of these individuals and bring them a friendly smile that brightens their day.

The Meals-on-Wheels program in Volusia County is an economical way to ensure that our elderly citizens are getting vital nutrition. Serving over 260,000 meals annually, Volusia's Council on Aging has pioneered home-delivered meal services and continues to set the bar for quality and safety in Northeast Florida. Not only must the program meet its own high standards, but it also must adhere to strict governmental regulations. However, the Council has a long waiting list, so please be generous in helping to provide better nutrition to our seniors while also helping them to remain living at home. All of our Share-the-Plate funds will stay in the Ormond Beach community for our seniors. **Please give generously on February 16.**

--Rita Scheeler

PRESIDENT'S MESSAGE— Taking Time for Joy

It is hard to believe that we already are entering into the month of February. The older I get, the faster the time goes, and I am racing along trying to keep up with all the things I want to do while I still can. I am sure many of you feel the same way. Luckily, I have the good health to race along, when many do not.

However, some of the activities that we can all enjoy include keeping up with friends, helping out where we can, and enjoying the natural beauty that we have in abundance here in Florida. We can appreciate the wonderful variety of birds and other animals, the many flowers and other plants that we see on our way. Ormond Beach offers so much that can help us connect with the **interdependent web of life**, if we all just take the time to enjoy our surroundings.

When we open our eyes and mind, we see how lucky we all are living in a peaceful place in such a beautiful setting. What can be more relaxing and enjoyable than watching the sunrise over the Atlantic Ocean or the sunset over the Tomoka River? I hope in this Valentine month, you take some special time for joy.

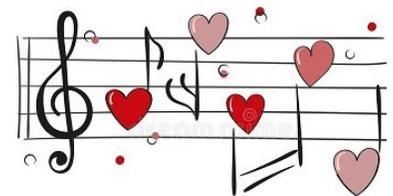
Sincerely,
Betty Green

AN INVITATION— Getting to Know You

On Sunday, February 16, Travis & Judy Gordon will host a luncheon get-together to increase fellowship and offer the opportunity to meet with Rev. Kathy and other UU's so we can get to know one another better. This is a good way to connect with each other and meet some of the newcomers in our congregation. At noon following the service, meet at the Gordon's home in Ormond by the Sea (near North Peninsula State Park). The luncheon is sponsored by our Membership Committee. Please sign up at the back table if you can come.

VALENTINE CONCERT— A Ticket for Love

What: Enjoy a concert featuring a variety of talented musicians from our UU congregation. This event is sponsored by the Worship Committee and is a fundraiser for UUCOB. The ticket price of \$15.00 includes light refreshments and a glass of sparkling wine.



When: Valentine's Day, Friday, February 14, at 7:00 pm.

Where: Unitarian Universalist Congregation of Ormond Beach, 56 North Halifax Drive, Ormond Beach.

Who: Not just for couples! Dress up or not, come with a group of friends, bring that special someone, or come on your own and find a warm welcome.

THE ALLIANCE— Beginning a New Year

The Alliance has had a busy January. The nearly 500 pairs of socks that UUCOB members donated to decorate our Christmas tree were delivered to Star Shelter and Hope Place, both homeless shelters in Daytona Beach.

After the Choir Sunday service on January 19, Alliance members served a soup lunch to raise funds for the FAITH organization. We had so many people participating that we ran out of all three pots of our delicious soups. We will sponsor another Sunday soup lunch soon and donate all proceeds to Family Renew Community. Both FAITH and Family Renew are long-standing partners of our UU.

At our next Alliance meeting, we will be re-evaluating our Share-the-Plate Partnerships. We may be dropping several of the charities we sponsor for this program and adding new ones. All of the organizations we recommend for Share-the-Plate are carefully vetted and re-evaluated every year. The criteria we use includes the following:

- The charity must be local and small enough for our contribution to make a difference.
- The charity must remain in communication with the Alliance and send a spokesperson to the worship service when we take up the shared offering.
- The mission of the charity must be in harmony with our UU Principles.

To help raise funds for these Alliance partnerships with local charities, we served refreshments at the David Roth concert. We also plan on serving another soup lunch at the upcoming craft show sometime in March. Alliance members Julie Hilburn and Rhoni Bachschmidt will sponsor this fundraiser for our UU.

To find more about our work within our UU and in the wider Volusia County area, please come to our meetings. We meet at UU on the first Thursday of each month in Room One at 11:30. Please come and join our group as we are always looking for new members.

--Jeanne Young

MARKETPLACE UPDATE — Contacting Donors and Buyers

If you were a Marketplace Donor, please contact your recipients or attendees by e-mail or phone regarding your offering or event. If you do not have a timely response from your attendees, please check your UUCOB Directory as their phone numbers and e-mails may have changed.

If you are a Marketplace Buyer and have not heard from your host or hostess, please contact them by e-mail or phone. If you are having trouble contacting the host or hostess, please check the directory for any changes in their contact information. An updated directory will be distributed soon.

--Julie Hilburn

MEMOIR WORKSHOP—Your Life, Your Story

Memoir is the most intimate form of literature. All of us have interesting and significant personal stories, or we know someone whose story is worth telling. Try capturing some of these treasures in written form by joining others in a UU memoir workshop. You will have the opportunity to write your memoir and share with fellow writers the lessons of your experiences and the emotions of your joys and losses. Your story may not only be a roadmap for others, but may also be a new way of looking at yourself. The first UU workshop is already "sold out" but a new one is forming. Contact Paul Pritchard, craftman1072@gmail.com to find out the schedule, to be part of an interesting group, and to help the church through the Marketplace.

COMPOSTING AT OUR UU— Small Simple Actions Make Big Differences



You may have noticed a small box-shaped enclosure outside in our UU garden near the shed — a compost bin. Think of it as "Mother Nature's Recycling Bin" for food scraps, coffee grounds, and other compostable items. As this organic matter decomposes, rich soil is produced.

Currently, the compostables in our UU kitchen reach the bin by Jenny hand-carrying them there. If Jenny is not at UU, no scraps are carried to the compost — they just go into the regular trash, and on to landfill. Either way, our other busy kitchen workers won't have to deal with the compost materials.

Our composting program, which is a work in progress, embodies UU values in several ways:

- **Care for the environment:** Radically reduce the volume of trash we send to landfill.
- **Honor the interconnectedness of all life:** Composting feeds the soil microorganisms, on which all life depends.
- **Respect our fellow human beings:** By eliminating food scraps and other compostables, we reduce the weight of our UU kitchen trash by 50% or more — and the trash is much less messy to deal with.

The compost bin itself has recently gotten an upgrade. Ellen Nielsen purchased the new bin, and Jenny has arranged several terracotta pots around it, with edible herbs and vegetables growing in them. Help yourself to a bite of tangy arugula, a sprig of mint, or whatever else you recognize. The current location of the bin may not be its final location as Jenny is working with the Building and Grounds team on finding just the right location. To learn more about composting and its many benefits, or to help out with this activity, ask Jenny or another Green Team member.

--Jenny Nazak

ANNUAL WOMAN'S RETREAT— Celebrating Sacred Places

The 9th Annual Florida Unitarian Universalist Women's Retreat will take place from Friday evening April 5 through Sunday, April 7, 2019. The DaySpring Conference Center is conveniently located off Interstate-75 just north of Sarasota on Florida's west coast. The beautiful campus, nestled under ancient oaks and located on a cove of the Manatee River, offers a serene setting for our annual retreat. The cost is \$220 per person, which covers expenses for a semi-private room and meals. Contact Helen Leddy at helen.leddy@gmail.com

SUSSI –An Intentional Community of UU's

The Southeast Unitarian Universalist Summer Institute is a week-long intentional community of UUs and kindred spirits. For over 65 years, UU's have come together for a week in July to explore their delight in the outdoors, interconnectedness, enjoyment music and new ways of seeing our world and each other. Located in the Blue Ridge Mountains, SUSSI is based at Western Carolina University in Cullowhee, North Carolina, which offers a beautiful and accessible campus close to the Great Smoky Mountains National Park. SUSSI offers intergenerational activities, as well as events and special programs for all members of the family, whatever their age or ability. Find out more about this year's July 19th- 25th retreat at <https://www.suusi.org/>

LIFE-LONG LEARNING—Programs for February

Life Long Learning programs for 2020 will be varied and involve topics related to philosophy, history and the arts as well as science and education. Each session includes time for audience questions and comments. LLL programs usually take place in our Room One on **Wednesdays**, from **4:00 to 5:30 p.m.**

Dr. Martha Brant, A Journey of the Heart into Andalucía, the Jewel of Islamic Spain— February 12th



In this program Dr. Brandt will share with us a journey that begins in La Mezquita, the Great Mosque of Córdoba, and proceeds to Granada, where we visit the renowned Alhambra. Then we travel to Sevilla for a tour of the Royal Alcázar and a special holiday encounter at the Palacio Algaba. Before returning home to Florida, we enjoy an archaeological excursion to the 10th-century “City of Flowers” near Córdoba, where Dr. Brandt embarked upon her journey of the heart.

Dr. Brandt, a retired college professor of French, comes from a life filled with art, music, literature, spiritual quest, and worldwide travel. Among many joys of her retirement life have been the opportunity to study Islamic art and culture in museums and heritage sites around the world.

Henry Pate, The Health of Aquatic Environments February 26th

Mr. Pate will discuss hydrolibria, or the building of infrastructure and products for managing large bodies of waters to control flooding and restore ecosystems. Restoration requires working within waterways to directly affect flow and exchange while building structures that encourage fisheries and provide water treatment. And like all new industries, these tools for flood control and water treatment must be applied at a scale that develops their use and limits; in the face of emergencies that take life and destroy property, studies and modeling are not enough. The Consortium and Co-op are taking the moon-shot approach and starting in 2020, will build a system at scale from Matanzas to Sebastian Inlet, upgrading technology and methods as needed.



Henry Pate has a B.S. in Fisheries and Wildlife (Aquaculture Option) from Texas A&M University. He is Lead Scientist at Hydrolibria Consortium, Inc and President of Halifax and Indian Waters Co-op, Inc. Mr. Pate’s work for government and commercial clients included evaluating the performance of materials and equipment in marine environments, as well as developing methods and products for the direct management of large waters.

RUMMAGE SALE— Coming Next Month

Our UU Spring Rummage sale will take place on **March 20 and 21**, with setup on Wednesday/Thursday, March 18-19. It’s not too early to begin setting aside items to donate. If you have questions or need advice about storing items with a fellow UU, or if you will need help getting your donated items to the UU building, call our Chief Rummage Sale Honcho — Cliff Jackson — at 677-7687 or e-mail: reelseeker@aol.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Subud Mtg. 6-9 pm
2 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	3 Bag lunch w. Rev. Kathy: noon-1 pm Yoga: 6:15-7:45 pm	4 Mah Jongg: 10 am -noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	5 Worship Mtg. 11 am-12:20 pm Choir practice: 6- 7:30 pm	6 Caring Mtg.: 10-11 am Democracy Now: 10:30 am- noon Alliance: 11:30 am-1:30 pm Spiritual Growth: 4:30- 6 pm	7	8
9 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	10 Bag lunch w. Rev. Kathy: noon-1 pm Yoga: 6:15-7:45 pm	11 Mah Jongg: 10 am -noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	12 Life Long Learning: 4 -5:30 pm Choir practice: 6- 7:30 pm	13 Writers Group: 10 am -noon Finance Mtg: 10:30-noon Democracy Now: 10:30- noon Spiritual Growth: 4:30-6 pm Democratic Club: 6:30- 8 pm	14 Game night : 6-8 pm Valentine Concert: 7- 9 pm 	15
16 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am (Share the Plate) Recital: 3-4 pm Tai Chi: 4-5 pm N Anon: 7-8 pm	17 Bag lunch w. Rev. Kathy: noon-1 pm Yoga: 6:15-7:45 pm	18 Mah Jongg: 10 am-noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	19 Bhagavad Gita study: 2-4 pm Choir practice: 6- 7:30 pm	20 Jotter articles due Democracy Now: 10:30- noon Spiritual Growth: 4:30-6 pm Board of Trustees Mtg: 5:30-7 pm	21	22
23 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	24 Bag lunch w. Rev. Kathy: noon-1 pm Yoga: 6:15-7:45 pm	25 Mah Jongg: 10 am-noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	26 Life Long Learning: 4 -5:30 pm Choir practice: 6- 7:30 pm	27 Writers Group: 10 am -noon Democracy Now: 10:30- noon Membership Mtg: 2:30-4 pm Spiritual Growth: 4:30-6 pm	28 Game Night: 6- 8 pm	29

Upcoming Worship Services

Theme for February – Resilience

Date:	Topic:	Presenter:	Service Leader:
February 2--	“As the Spirit Moves”	--Rev. Kathy Rickey	--Cliff Jackson
February 9--	“Breaking the Yoke: Isaiah and the Call to Justice”	--Rev. Kathy Rickey	--Rita Scheeler
February 16--	“The Struggle to Forgive” *Share-the-Plate Offering with Meals-on-Wheels	--Rev. Jim Shoopman	--Ellen Nielsen
February 23--	“Michael Servetus: Martyr for Unitarianism”	--Rev. Kathy Rickey	--Paul Pritchard

February Birthdays

Terry Terranera -2nd
Tom Hanson- 3rd
Dan Kennedy -6th

Chris Gruner - 13th
Pat Maden -17th
Scott Macpherson -23rd
Harry White -28th



The Jotter

Newsletter of the Unitarian Universalist Congregation Ormond Beach

February 2020

Rev. Kathy Tew Rickey, Minister: revk2rickey@gmail.com
Betty Green, Acting President: bngreen@fastmail.us
Cathy Jackson, Office Administrator: (386) 677-6172
Office hours: M/W: 8 a.m. to 1 p.m. & T/Th: 2:00 to 6:30 p.m.

Website: <http://www.uuormond.org>
Carolyn West: *Jotter* editor (386) 672-9352
RE teachers: Debra Hanson/Mary Wentzel
Children’s RE on Sunday 10:15 to 11:45 a.m.
Discussion Group meets Sunday at 9:15 a.m.

 Like us on Facebook:
<https://www.facebook.com/www.uuormond.org/>

Sunday Service: 10:30 -11:30 a.m.