

# Unitarian Universalist Congregation



## Ormond Beach

### A NOTE FROM OUR MINISTER: Happy Summer Everyone!!

#### Installation Ceremony— Please save this date: Sunday, October 14, 2018, 5:30 p.m.

October 14 will be the day of my formal installation ceremony. The act of installing a settled minister is a time-honored tradition in Unitarian Universalism. This service affirms and celebrates the covenant or promise between the congregation and the minister they have called — the covenant of right relationship between congregation and minister.

The installation ceremony also celebrates our faith tradition itself. I will invite a keynote speaker as well as other colleagues who will take part in other aspects of the ceremony. All religious professionals of UU congregations in Florida will be invited. It will be a joyous and colorful celebration, with hospitality and fellowship following the ceremony. I hope all of you at UUCOB will be able to attend. Look for more information in September. In the meantime, PLEASE SAVE THE DATE!

#### Study Leave and Vacation:

I will be on study leave three weeks in July and one week in August. During that time, I am available for pastoral emergencies and any urgent church business which may arise. You will see me in my office on occasion; I am taking some of my leave to organize and spruce up my office. Also, I will attend our summer worship services on occasion. Otherwise, I will be home reading and preparing for our next program year which will start after Labor Day, 2018. Finally, I hope to make it down to Mims a few times this summer to visit the Buddhist Monastery and spend some days in meditation and contemplation.

Please note that I will be on vacation, out of town, and unavailable from July 23 to July 29. Please contact Joan Thate or a Board member should a pastoral emergency arise for you. There will be a minister in the area who will be on call for me.

#### Actions of Immediate Witness at General Assembly:

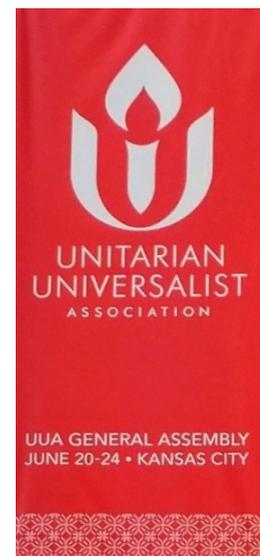
I attended Ministry Days in Kansas City, June 18-21, and General Assembly June 21-22. Although I didn't have much time for workshops or other activities, I did sing in the chorus for the Service of the Living Tradition (SLT) on Thursday evening, my favorite of the many worship services presented at General Assembly. It celebrates religious professionals in their milestones, including Preliminary and Final Fellowship, Religious Educator and Musician credentialing, and retiring ministers. Ministers who died in the previous year are also honored. This worship service will soon be posted on the UUA website.

Some of you may be interested in the Social Witness news. During the General Assembly, the Actions of Immediate Witness were in process:

- AIW-A: End Family Separation and Detention of Asylum Seekers and Abolish ICE
- AIW-C: End Prisons for Profit: Dismantle Predatory Medical Care Practices in Prisons
- AIW-F: We Are All Related: Solidarity NOW with Indigenous Water Protectors

These actions were on the Business Agenda for voting on Sunday afternoon, June 24.

To see the results, go to [https://www.uua.org/sites/live-new.uua.org/files/180624\\_csw\\_alert.pdf](https://www.uua.org/sites/live-new.uua.org/files/180624_csw_alert.pdf)



**Changes in Office Hours:**

Beginning July 1, our administrator Cathy Jackson's weekly hours will be reduced by five. She will no longer have the office open on Sundays, and she will no longer be working from home. If you need to access the office on Sunday morning, please see Rev. Kathy or Joan Thate. Better yet, if you have an office task to accomplish, try to plan ahead and contact Cathy during her weekday office hours, which have not changed: Monday and Wednesday from 8:00 a.m. to 1:00 p.m. and Tuesday and Thursday from 2:00 to 6:30 p.m. Thank you for your cooperation.

Yours in faith,  
Rev. Kathy

**PRESIDENT'S MESSAGE — Saving the Day**

I hate to admit how often I can slip into an "ain't it awful" state when coming across the "news" on my car radio, in the newspaper, on my computer, even on my phone. This steady ear-banging — mostly centered on the bad faith and bad intentions of humans — is exacerbated by the news of Earth's inevitable violent eruptions of wind, water, and fire. Is there a way of facing all the negative realities of existence and still retaining hope and experiencing all-out joy?

I think so. But I think we have to work at it. There do seem to be a few lucky persons who were born with (what appears to me to be) an almost superhuman open-heartedness. But most people I know who have open hearts have expended great effort to make progress towards that enviable state.

To help me toward a similar state of mind, I have signed up for e-newsletters from an organization called the Greater Good Science Center from University of California Berkley which offers articles on the research-based attitudes that contribute to a happier, more meaningful life — awe, altruism, compassion, mindfulness, gratitude, empathy, forgiveness, social connection, etc.

Once we strip away the overlaying myths that made some sense in the past but are minimally operative now, I find it reassuring that science can show us that the basic tenets of most religions were pointing humans towards happiness. They show us that how we treat ourselves and others can make more satisfying whatever time and chance we have in our lives.

So, the negative burden of some particularly bad days can be alleviated by mindful gratitude. It's hard to stay mired in anger and fear when you're actively looking for people and things to be grateful for — the world at our fingertips with Wi-Fi on the computer, a joke from a good friend, a really delicious soup, the feel of soft sheets, a mockingbird running through its 21-song repertoire, a useful task to complete, a thought-provoking TED talk, the memory of a loved one who validated you as a child, the lovely slow sliding into sleep.

--Joan Thate

**Upcoming Pulpit Presentations—****July 1— Ellen Nielsen, "The Peace Movement: An American Tradition"**

Ellen Nielsen will present a brief historical overview of the peace movement in the United States, focusing on two individuals: Henry David Thoreau, who refused to pay taxes to support the Mexican War in 1846, and Kathy Kelly, a contemporary peace activist. Evan Rivers will provide special music.

Service Leader: Linda Kalaydjian

**July 8— Dan Gribbin, “To Be a Friend”**

From “buddy” movies to Facebook, we encounter in every corner of popular culture the idea of friendship. And, indeed, most of us can claim to have at least a couple of dozen pretty good friends whom we would feel comfortable inviting over to the house or dining out with them. But when we ponder the old adage “a friend in need is a friend indeed,” we get closer to the deeper meaning of friendship. How often have we truly needed a friend to be there for us? How often have we been there for a friend?

Service Leader: Rita Scheeler

**July 15— UUCOB Poets, “The Language of the Spirit”**

Poetry can inspire the creative impulse and awaken spiritual voices, especially works of unconventional poets such as e. e. cummings. Dan Gribbin, Ellen Nielsen and Patty Tugas share some of their poetic insights influenced by the language of the spirit.

Service Leader: Carolyn West

**July 22— Rita Scheeler, “Living Deliberately”**

Living “deliberately” is about making thoughtful decisions about how you want to live your life. This message will be based on the works of Harry Palmer, whose books have been translated in 30 languages and sold thousands of copies worldwide.

Service Leader: Brenda Tart

**July 29— Cliff Jackson, “Aden's Introduction to *Jonathan Livingston Seagull*”**

Life sends us challenges, and usually we have no choice in what comes our way. Cliff has always enjoyed solving puzzles. Recently his daughter asked for help with a challenge with his grandson. Pieces of that puzzle, a grandson, an illness, a Soul Matters packet, a dusty little book and a trip to the beach come together to show a clear path for a new way forward. We may not have a choice in what comes our way, but we do have a choice in how we live with it.

Service Leader: Denise Carter

**GOOD NEWS—Our Choir Will Sing this Fall**

Last fall our UUCOB Choir was silent from Labor Day until after Christmas. Our congregation has an able and active choir director, Dan Kerr, but like many of us, he is a “snowbird” and last year he could not be with us until this January. Although we have many other talented musicians in our congregation, we all missed our choir, and the choir members were concerned about losing their skills and motivation. Unfortunately for UUCOB, once again this fall Dan Kerr will be up north until after Christmas.

Nobody wants a repeat of last year and missing out on that lovely music. Happily, after meeting jointly with the Worship Committee and Rev. Kathy in mid-June, choir members decided to try a grand experiment—our choir will sing without a choir director. Janet Stroumpis, our talented pianist, has the musical skills to direct the choir in singing the choral works they have already learned. Two choir members volunteered to schedule rehearsals and handle the communication with other choir members, as well as with Rev. Kathy and the Worship Committee. Although the choir will take a break during July and August, beginning in early September, the choir will sing twice a month. They will rehearse on the Wednesday evenings before the Sunday performances, as well as on Sunday morning before the services. They won't be singing new works, but the congregation can expect to hear some old favorites. Thanks to all who are making this extra effort.

--The Worship Committee

**Proposed Revised Slate for the UUCOB Board of Trustees 2018 – 2019**  
**(for consideration at the July 8<sup>th</sup> Congregational Meeting)**

The **Board of Trustees** shall consist of nine voting members:

**President** -- Joan Thate

**Vice President** -- Betty Green

**Secretary** -- Julie Hilburn

**Treasurer** -- Amanda Attri

**Five elected trustees:**

Phil Elliott,

Charles Ferguson

John Horner

Sheila McMahon

Evan Rivers

**Proposed Nominating Committee  
for 2018 – 2019:**

Beverly Berger

Bill Ternent

Terry Terranera

Carolyn West

Jeanne Young

At the Sunday, June 24<sup>th</sup> congregational meeting, UUCOB members approved the proposed church budget for July 2018 through June 2019. See details at the Members section of our [www.uuormond.org](http://www.uuormond.org) website.

## SHARE THE PLATE OFFERING – Helping Victims of Human Trafficking

On Sunday, July 15, we will share our morning offering to help recovered victims of human trafficking. Mainly for the purposes of forced labor and sex trafficking, human trafficking involves the illegal trade of human beings. Men, women, and children are being exploited for manual and sexual labor against their will. The average age of a trafficking victim is 12 years old.

Arrest data is sparse because the victims are afraid to speak out. However, many prostitution arrests are probably arrests of individuals forced to serve as sex slaves. In 2015, reports for Florida include 302 sex trafficking cases and 68 cases of forced labor.

When human trafficking victims are rescued, they need many things, including a safe place to stay, clothing, food etc. The Outreach Ministry of Our Lady of Hope is one of four Volusia County organizations approved to provide financial assistance for human trafficking victims when requested by the rescue team. A special account has been established at Our Lady of Hope to receive and disburse funds to aid rescued human trafficking victims. To help them, please be generous with your offering on July 15.

--Harry White

## ENJOY A FALL RETREAT— UUWomenspirit



UUWomenspirit is a non-profit, volunteer-run organization that has hosted all-women retreats since 1987. These gatherings emphasize and celebrate the Divine Feminine in her many forms. The next retreat is October 10-14, 2018. The theme for this event is *Like the Phoenix, We Rise: Strong, Fierce and Wise*. **The Mountain Retreat and Learning Center**, the venue for UUWomenspirit, is nestled deep in the beautiful Blue Ridge Mountains near Highlands, North Carolina. The Mountain is an ecologically focused retreat and learning

center based on Unitarian Universalist faith tradition and principles. Its relaxed atmosphere and comfortable accommodations provide an ideal setting for summer camps and for a variety of activities for children, teens, adults and entire families. Information about programs can be found at [www.themountainrlc.org](http://www.themountainrlc.org)

July 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p>Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Recital: 2-5 pm Tai Chi: 4-5 pm N Anon: 7-8 pm</p>	<p><b>2</b></p> <p>Yoga: 6:15-7:45 pm</p>	<p><b>3</b></p> <p>Mah Jongg: 10 am -noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm</p>	<p><b>4</b></p>  <p><b>Independence Day</b></p>	<p><b>5</b></p> <p>Caring Mtg. 10 -11:00 am Democracy Now: 10:15- noon Spiritual Growth: 4:30-6 pm N Anon: 7-8 pm</p>	<p><b>6</b></p> <p><b>1st Friday Potluck 6-8:30 pm</b></p>	<p><b>7</b></p>
<p><b>8</b></p> <p>Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am <b>Congregational meeting after the service</b> Tai Chi: 4-5 pm N Anon: 7-8 pm</p>	<p><b>9</b></p> <p>Yoga: 6:15-7:45 pm</p>	<p><b>10</b></p> <p>Writers Group: 10 am-noon Mah Jongg: 10 am-noon Woman's Group: 1-2:30 pm Meditation: 6:30-8:30 pm N Anon: 7-8 pm</p>	<p><b>11</b></p> <p>Worship Mtg. 11 am-12:30pm</p>	<p><b>12</b></p> <p>Democracy Now: 10:15- noon Finance Mtg.: 10:30 am-noon Spiritual Growth: 4:30-6 pm N Anon: 7-8 pm</p>	<p><b>13</b></p> <p>Heart 4 Souls: 5-9 pm</p>	<p><b>14</b></p> <p><b>WORK DAY 9:30 -noon</b></p>  <p><b>VOLUNTEERS</b></p>
<p><b>15</b></p> <p>Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am <b>(Share-the-Plate)</b> Tai Chi: 4-5 pm N Anon: 7-8 pm</p>	<p><b>16</b></p> <p>Yoga: 6:15-7:45 pm</p>	<p><b>17</b></p> <p>Mah Jongg: 10 am -noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm</p>	<p><b>18</b></p>	<p><b>19</b></p> <p>Democracy Now: 10:15- noon Spiritual Growth: 4:30-6 pm <b>Board of Trustees Mtg: 5:30-7 pm</b> N Anon: 7-8 pm</p>	<p><b>20</b></p> <p>Exploring Metaphysics: 6-7 pm Movie night: 7-9 pm <b>Jotter articles due</b></p>	<p><b>21</b></p>
<p><b>22</b></p> <p>Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm</p>	<p><b>23</b></p> <p>Yoga: 6:15-7:45 pm</p>	<p><b>24</b></p> <p>Writers Group: 10 am-noon Mah Jongg: 10 am-noon Woman's Group: 1-2:30 pm Meditation: 6:30-8:30 pm N Anon: 7-8 pm</p>	<p><b>25</b></p>	<p><b>26</b></p> <p>Democracy Now: 10:15- noon Membership Mtg: 2:30-4 pm Spiritual Growth: 4:30-6 pm N Anon: 7-8 pm</p>	<p><b>27</b></p>	<p><b>28</b></p> <p>Heart 4 Souls: 3-7 pm</p>
<p><b>29</b></p> <p>Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm</p>	<p><b>30</b></p> <p>Yoga: 6:15-7:45 pm</p>	<p><b>31</b></p>				

Due to a reduction in secretarial hours, our UUCOB office will no longer be open on Sundays.

## Upcoming Events and Sunday Services

Date:	Topic:	Presenter:	Service Leader:
July 1 <sup>st</sup> --	"The Peace Movement: An American Tradition"	--Ellen Nielsen	--Linda Kalaydjian
July 8 <sup>th</sup> --	"To Be a Friend"	--Dan Gribbin	--Rita Scheeler
	Brief Congregational Meeting after the service		
July 14 <sup>th</sup> --	Work Day—volunteers needed 9:30 to noon		
July 15 <sup>th</sup> --	"Poetry: Language of the Spirit"	--UUCOB Poets	--Carolyn West
	Share-the-Plate Offering with Victims of Human Trafficking		
July 22 <sup>nd</sup> --	"Living Deliberately"	--Rita Scheeler	--Brenda Tart
July 29 <sup>th</sup> --	"Aden's Introduction to <i>Jonathan Livingston Seagull</i> "	--Cliff Jackson	-- Denise Carter



## July Birthdays

Mike List –1<sup>st</sup>

Felix Fernandez–2<sup>nd</sup>

Natalie Miller –2<sup>nd</sup>

Carolyn West –2<sup>nd</sup>

Bill Abbuehl –4<sup>th</sup>

Kay Boyer Ryan –5<sup>th</sup>

Terri Kolaska –10<sup>th</sup>

Charlie Ferguson –11<sup>th</sup>

Laurie Sherer –11<sup>th</sup>

Janet Stroumpis –12<sup>th</sup>

Jan Ternent – 13<sup>th</sup>

Bill Patterson –16<sup>th</sup>

Ashley Moore-20<sup>th</sup>

Jim Rothweiler-21<sup>st</sup>

Rita Scheeler -25<sup>th</sup>

Marti King – 26<sup>th</sup>

Enda Nolan – 30<sup>th</sup>

Denise Carter –31<sup>st</sup>



**The Jotter**

**Newsletter of the Unitarian Universalist Congregation Ormond Beach**

**July 2018**

Rev. Kathy Tew Rickey, Minister: [revk2rickey@gmail.com](mailto:revk2rickey@gmail.com)  
 RE teachers: Debra Hanson/Mary Wentzel: (contact UU Office)  
 Cathy Jackson, Office Administrator: (386) 677-6172  
 Office hours: M/W: 8 a.m. to 1 p.m. & T/Th: 2:00 to 6:30 p.m.

Joan Thate, President: [jbthate@gmail.com](mailto:jbthate@gmail.com)  
 Carolyn West: Jotter Editor (386) 672-9352  
 Website: <http://www.uuormond.org>  
 Children's' RE on Sunday 10:15 -11:45 a.m.  
 Discussion Group meets Sunday at 9:15 a.m.

**Sunday Service: 10:30 -11:30 a.m.**