

Unitarian Universalist Congregation



Ormond Beach



New Member Welcome Ceremony: (from left) Jami Monahan, Tracy Taylor, Jan Taylor, Helen Casoli, and Lude Goodson, with Rev. Kathy Ricky and Congregation President Joan Thate

A NOTE FROM OUR MINISTER: Happy New Year!

I hope this finds all members and friends of UUCOB well and good and looking forward to another calendar year circling the sun.

I love the idea of a new beginning. Not that there is really any discontinuity in our lives between the latter days of December and January 1st. But as the tradition goes, New Year's Day represents starting anew with a view toward possibility – perhaps by seeing the world with a fresh prospective; perhaps with the attitude that old, bad habits can be turned into new, healthier habits; perhaps with the idea that we can reboot with an updated capacity for creativity with which we re-imagine old problems with new solutions.

In 2018, I know some of you have faced disappointment, significant losses and deep sorrow. New Year's Day does not change your circumstances. Further, you cannot go around those life-changing events but must go through them. In that, I am here to support you as I also hold you in the light of Love and as I hold you in my thoughts, prayers, and in my heart. My door is always open. The best ways to reach me are email – revk2rickey@gmail.com or by phone, 386-846-7246 to which you can also text. In the New Year I wish you resilience and courage and the resolve to reach out for support if you need it.

Collectively, as a congregation, as a people in the covenant of right relationship, my hope is for a New Year in which we continue to grow in our spiritual lives, helping each other to learn to use our individual gifts which, as contributed to the community, will help us grow in faith and unity. My hope is that together we live into

our vision of being a safe harbor to spiritual seekers while at the same time reaching out to our surrounding community with justice-seeking commitment. My hope is that we bravely face conflict and crisis inside and outside our congregation and find solutions in the problems themselves. It is popularly understood that the Chinese character for crisis means danger and opportunity at once. However, the characters are more accurately translated as "a point where things happen or change," a nuanced but important difference which points to the importance of facing problems while mining the opportunities that lie within.

I wish you a most joyful, prosperous and enlightening 2019.

In love and faith,
Rev. Kathy

PRESIDENT'S MESSAGE—At Year's End

Taking stock is something we are, perhaps somewhat artificially, reminded to do when the numbers change at the end of the year. Nevertheless, many of us ritually observe this practice, and this year, with the wider pandemonium swirling around us and probably affecting us more deeply than we are consciously aware, the questions become deeper, more consequential.

It would be helpful to see if you could answer the following questions in a paragraph or less, forcing yourself to focus on what is vitally important to you:

What do you wish for in the new year for the country?

For our congregation?

For those closest to you and yourself?

In answering each question, we all would probably wish for some peace, some rest, some reduction of conflict, confusion, and anxiety. We humans are also a curious breed. We know that life is fragile, fraught with conflict and peril, and transient, yet we are by nature imbued with a marvelous hope that, with work and love, our lives can be made meaningful and even sometimes joyous. Unitarians are among those who quite actively seek to ferret out the work and love that can produce a lessening of pain and the production of more joy. Perhaps, if you really tried to answer the three questions above, you will recognize that tendency in your answers. As we are wont to say: may it be so.

Each of us as individuals may seem to shine a very little light. But in the aggregate, that light can be huge if we let it shine. We've expressed our wishes. Now we need to ask ourselves what we can do to see them materialize. We can perhaps begin by asking ourselves these questions. To whom do I need to reach out to in order to reduce conflict? Whose point of view do I need to understand? Who do I need to forgive? From whom do I need to ask forgiveness? Who needs an encouraging word? To whom do I need to express gratitude? How can I work on deepening my insight? What can I do to bring more joy?

--Joan Thate

NOTE: Our semi-annual meeting will be held on Sunday, January 20, 2019. Because we voted to change our fiscal year to run from July 1 to June 30, the half year now falls in January. All committee chairs are asked to submit a summary of the last six month's activities to be sent to Julie Hilburn by January 14th, a week before the January 20th date, so they can be compiled and sent to the congregation for perusal prior to the meeting. Julie will be sending you an email reminder. The meeting will include reports from the minister, the president, and the treasurer. If members wish to have additional items be added to the agenda, those requests need to be e-mailed to president Joan Thate (jbthate@gmail.com) at least week before the meeting.

Upcoming Pulpit Presentations

December 30— Ellen Nielsen, “Joys and Concerns at the End of the Year”

As 2017 draws to an end, we will look back at this eventful year and re-visit our most serious personal concerns and our greatest personal joys. This service will include participation from our members and friends, brief periods of silent meditation as well as music of consolation and celebration.

January 6—Rev. Kathy Tew Rickey, “The Nexus of Crisis and Possibility”

As I write this description it is a few days before Christmas and the government is shutting down, the Dow keeps falling, and Lady Liberty is in heart failure. My future feels uncertain, yet the truth is, it's always uncertain, no matter what. Let's explore what's happened since the latter days of 2018 and look for opportunity and possibility in 2019.

Service Leader: John Horner

January 13—Rev. Kathy Tew Rickey, “On the Edge of the Unknown: Where Possibility Lives”

Working as a chaplain in a Level II Trauma Center, you can imagine the multitude of patient/family crises I witnessed where I could not know what was going to happen in the next second, minute, hour. Standing in that place without assumption or prediction and staying in the moment, open to all possibilities, was where the chaplain had to be; it was challenging. But if we learn how to be open to possibility in certain moments, even in our daily relationships, we can become better friends, partners, parents, co-workers, and co-members.

Service Leader: Cliff Jackson

January 20— Aidan Quinn and Christine Stay, “Creating Harmony: Learning to Disagree without Distancing”

This sermon in song can remind us of our congregational goal of maintaining right relations in our dealings with each other.

Service Leader: Dan Gribbin

January 27—Rev. Kathy Tew Rickey, “As the Spirit Moves”

The possibilities are endless at this point, so I'm going to wait and see what percolates for this last Sunday in January.

Service Leader: Rita Scheeler

THE ALLIANCE—A Busy and Fulfilling Christmas Season

The Alliance had a very eventful December. Our Christmas-giving project kept us very busy with a successful craft sale and cookie sale to raise money for the teens living in two group homes in DeLand. (These young people have been separated from their families for their own safety.) The teens received gift certificates for two movies each, two lunches out, and an MP3 player each. In addition, both group homes received large tubs of holiday treats.

Our Christmas Tree is decorated with new pairs of socks to be donated to the homeless. Next month we'll let you know the final count of socks that have been donated, so there's still time to “decorate” our tree. The homeless shelter has told us how important and needed these socks are for both children and adults.

Christmas Eve was a special event. The Alliance coordinated our Christmas Eve service with Gaia Davies as service leader and with music by Meghan Downey, Jan Taylor, Anaya Attri, Bruce Nelson, and other members of the choir. Kurtland Davies and Susan Garrison narrated stories about memories of Christmases past and

the meaning of Christmas now. We ended with candle lighting to "Silent Night." Our sound technician was Felix Fernandez. Helen Casoli coordinated our potluck party that followed with help from Susan and Preston Garrison, Rhonilee Bachschmidt and Neil Koch. We enjoyed delicious food, beautiful decorations, and more music, but most of all, the warmth of fellowship with our families and friends. Many, many helping hands helped to create this lovely and meaningful evening for us all.

The next Alliance will be meeting on Thursday, January 3rd at 11:30 a.m. We are always looking for new members, so please come join us at UU for fellowship and fun.

--Jeanne Young and Gaia Davies

LIFE LONG LEARNING— Programs for January

Life Long Learning programs for 2019 will be varied and include topics related to philosophy, history and the arts as well as science and education. Each session includes time for audience questions and comments.

Programs are scheduled for the 2nd and 4th Wednesdays, from 4:00 to 5:30 p.m.

"Microplastics and Marine Debris"— Debbie Wingfield, January 9th

Debbie Wingfield will help listeners learn about Microplastics; what they are, where they come from, how they are affecting our waterways, and what we can do to prevent them. They will also hear about the impacts of marine debris on the environment and marine mammals and learn how they contribute to the problem of microplastics. Following the discussion, Debbie will filter various water samples, to test for microplastics.

Debbie Wingfield is a Marine Science graduate from Coastal Carolina University. She is the Manager for the Volusia County Manatee Protection Program and Marine Mammal Stranding Team. Previously she has worked for Emerald Coast Wildlife Refuge as an Animal Care Specialist and Marine Mammal Stranding Coordinator, before that, the Marine Science Center (Ponce Inlet, FL), as an Animal Care Technician for seabirds and raptors, and at Banfield Pet Hospital as a Veterinary Technician.

"Aphantasia"—Cliff Jackson, January 23rd

Last May I read a curious article in the *News Journal*: "Man with no tail discovered in Ormond Beach." What in the world? I don't have a tail either! I had no idea that people have tails. I'm 67 years old and now I find out about this. Unbelievable! Actually, that is unbelievable, but it is exactly how I felt when I found out that I have Aphantasia. I am "mind's eye blind." While my first thought was simply amazement, I'll share the history, testing, current research and personal experience of the condition. We will also explore related conditions like synesthesia and eidetic memory.

Cliff Jackson has lived in Ormond Beach since 1980. He has a bachelor's degree in Organic Chemistry and had a chemical manufacturing business in Holly Hill. Cliff and his wife Cathy's two daughters, Lisa and Sandra, live in the Atlanta area. Lisa is taking care of their two grandchildren Aden and Annalise. Cliff enjoys fishing, is active with UU and is a member of two Toastmasters clubs.

--Tom Hilburn

MOVIE NIGHT— "Milk"

Harvey Milk forged coalitions across the political spectrum. From gay rights to senior citizens and union workers, he "changed the nature of what it means to be a fighter for human rights." Starring Sean Penn, the film scored a Rotten Tomatoes 93% and is the selection for LGBTQ Movie Night on Friday, January 25th beginning at 7 p.m. Please join us for discussion to follow.

WORLD RELIGIONS CLASSES— led by Rev. Kathy Tew Rickey

1st and 3rd Wednesdays 4:00 to 5:30 p.m. in Room 1 — January 16 & 30, February 6 & 20, and March 6 & 20. In six 1½ hour sessions, we will study the basic tenets of religions of the East: Hinduism, Buddhism, Jainism, Sikhism, Taoism, Shinto, Confucianism. No pre-reading, no homework – just come and enjoy in words, pictures, and hear from some folks who are practitioners of these faiths. There will also be break-out sessions for class participants to explore and process with each other the many remarkable aspects of eastern religions.

Rev. Kathy is an ordained Unitarian Universalist minister with a Master of Divinity degree from Meadville Lombard Theological School, Chicago, Illinois. She has been serving UU congregations since 2011 and has lived in Ormond Beach since being called to UUCOB in 2016. She shares her home in Ormond Beach with her little dog, Daisy. Rev. Kathy also serves as co-chair of the F.A.I.T.H. organization. In addition, she is active in Toastmasters and enjoys gardening, kayaking, golfing, travel, and dining with friends.

WEB SPINNER NEWS—Our UU on the Web

If it has been awhile since you have looked at our website at www.uuormond.org , then you may be surprised and pleased to see the changes and additions that have occurred.

Items of Interest:

- Check out the latest *Life Long Learning* programs for the Spring lineup
- Read our current UUCOB Bylaws or our new policies and procedures
- Learn about Unitarian Universalism and the history of our congregation
- See the latest Photo Gallery— photos of our newest members are included

Need the password to enter our Member Section? Just let us know at uusormondfl@gmail.com

Current News:

- Easily access our Home Page for the latest happenings, especially if you want to tell friends about our UU or look up the time or day of an upcoming event you remember hearing about.
- Find links to our *Weekly Bulletin* and monthly *Jotter* newsletter and even our *Facebook* page

We continue to record and audio-stream the Sunday sermons (so you can listen from your computer via the website). Want an item added to the UUCOB web site? Just let us know at the above g-mail address.

--Web managers: Judy Gordon and Joanne Kennedy



Our long-time member and friend Dick Peppers died of a heart attack in early December. A service in celebration of his life will be held on Saturday, January 26th beginning at 2 p.m. Dick had celebrated his 90th birthday with family and friends in Kalispell, Montana last June. He had been an active member of our UU since joining the church in 1997 and served for a time on the Board of Trustees. We will very much miss his optimism, good cheer and enthusiasm for life.

RELIGIOUS EDUCATION – News from the Back Room

Happy New Year! We would like to share with you some of the activities that we completed this fall. Henry David Thoreau was most recent historical figure in our *Teachers of Peace and Justice* series. His ideas on Civil Disobedience prompted a discussion about the history of protest. We looked at examples of scientific, nature and personal journals, and the children created beautiful journals of their own.

Hanukkah came early this year, so we spent a few weeks preparing for our play and songs. Then we explored Winter Solstice celebrations around the world and the origins of many Christmas traditions. Students created beautiful cards and creative ornaments. For 2019, we will resume our *Teachers of Peace and Justice* series with Abraham Lincoln, and finish our silhouette and quotations project. We are also in the midst of moving into the former nursery room, cleaning closets and reorganizing the toddler room. Never a dull moment!

--Debbie Hanson

A UNIQUE TRAVEL EXPERIENCE—



Have you ever dreamed of visiting Alaska? If so, WhaleCoast Alaska 2019 may be for you! Four Alaska UU congregations invite you to experience their eco-cultural and spiritual program this summer. See Alaska through the eyes of local UUs, with friendly homestays and unique tour activities. See wildlife, including moose, bears, caribou, whales, bald eagles, sea lions, seals, and otters. Visit Denali National Park. Experience Native Alaskan culture. This program is truly the best way to visit Alaska! Tours led by Dave Frey, member of the Fairbanks UU congregation and an Alaska travel expert.

Find out more about this Alaskan trip of a lifetime. For complete information go to: www.WhaleCoastAK.org or e-mail dfrey@whalecoastak.org or call Doug at (907) 322-4966. Discount for groups of eight or more.

NOTE: UUCOB member Ellen Nielsen joined the WhaleCoast tour in 2016 and can share some her interesting and enjoyable experiences with you. Tours fill up quickly, so don't delay in exploring this opportunity.

HUMOR, HARMONY AND HOPE—Friction Farm Will Entertain and Enlighten on January 19th



Dynamic modern-folk duo Friction Farm will appear in concert at UUCOB at 7 p.m. on Saturday, January 19. Friction Farm's Aidan Quinn and Christine Stay, a husband and wife team of traveling troubadours, combine storytelling, social commentary, and humor in their harmony-driven original music. Dan Gribbin will open for them with his own original music. To reserve tickets (\$15), please call Dan at (386) 956-1813.

Quinn and Stay create songs of everyday life, local heroes, and quirky observations. From ballads to anthems, each song is filled with harmony and hope. Friction Farm's lyrically rich music has earned them spots as Kerrville New Folk Finalists and Falcon Ridge Emerging Artists. They are winners of the South Florida Folk Festival songwriter competition and have served as official showcase artists at the Southeast, Southwest, and Northeast Regional Folk Alliance Conferences. Performing internationally and throughout the US, Friction Farm inspires audiences to lean into their stories, laugh at their humor, sing along once in a while, and do a little good in the world.

January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1</p> <p>New Year's Day</p> <p>N Anon: 7-8 pm</p>	<p>2</p> <p>Worship Mtg: 11 am-12:30 pm</p> <p>Choir Rehearsal: 6 -7:30 pm</p>	<p>3</p> <p>Caring Mtg.: 10 -11 am</p> <p>Democracy Now: 10:30 -noon</p> <p>Alliance: noon-2 pm</p> <p>Spiritual Growth: 4:30 -6 pm</p> <p>N Anon: 7 -8 pm</p>	4	5
<p>6</p> <p>Discussion Group: 9:15-10:15 am</p> <p>Sunday Service: 10:30-11:30 am</p> <p>Tai Chi: 4 -5 pm</p> <p>N Anon: 7 -8 pm</p>	<p>7</p> <p>Brown Bag lunch w. the Minister: noon -1 pm</p> <p>Yoga: 6:15-7:45 pm</p>	<p>8</p> <p>Writers Group: 10 am-noon</p> <p>Mah Jongg: 10 am -noon</p> <p>Woman's Group: 1-2:30 pm</p> <p>Meditation: 6:30-8:30 pm</p> <p>N Anon: 7-8 pm</p>	<p>9</p> <p>Life-Long Learning: 4 -5:30 pm</p> <p>Choir Rehearsal: 6 -7:30 pm</p>	<p>10</p> <p>Finance Mtg.: 10:30 am-noon</p> <p>Democracy Now: 10:30- noon</p> <p>Spiritual Growth: 4:30-6 pm</p> <p>Vespers: 5 -6 pm</p> <p>N Anon: 7 -8 pm</p>	<p>11</p> <p>Heart 4 Souls: 5 -9 pm</p>	12
<p>13</p> <p>Discussion Group: 9:15-10:15 am</p> <p>Sunday Service: 10:30-11:30 am</p> <p>Tai Chi: 4 -5 pm</p> <p>N Anon: 7 -8 pm</p>	<p>14</p> <p>Brown Bag lunch w. the Minister: noon -1 pm</p> <p>Prayers & Meditation: 3-4 pm</p> <p>Yoga: 6:15-7:45 pm</p>	<p>15</p> <p>Mah Jongg: 10 am-noon</p> <p>Meditation: 6:30-8:30 pm</p> <p>N Anon: 7-8 pm</p>	<p>16</p> <p>World Religions: 4 -5:30 pm</p> <p>Choir Rehearsal: 6 -7:30 pm</p>	<p>17</p> <p>Democracy Now: 10:30- noon</p> <p>Spiritual Growth: 4:30-6 pm</p> <p>Board of Trustees Mtg: 5:30-7 pm</p> <p>N Anon: 7 -8 pm</p>	<p>18</p> <p>Exploring Metaphysics: 6 -7 pm</p>	<p>19</p> <p>Friction Farm concert: 7 -9:30 pm</p> <p><i>Jotter</i> articles due tomorrow!</p>
<p>20</p> <p>Discussion Group: 9:15-10:15 am</p> <p>Sunday Service: 10:30-11:30 am</p> <p>(Share the Plate)</p> <p>Semi-annual congregational meeting: noon -1:30 pm</p> <p>Tai Chi: 4 -5 pm</p> <p>N Anon: 7 -8 pm</p>	<p>21</p> <p>Martin Luther King, Jr. holiday</p> <p>Brown Bag lunch w. the Minister: noon-1 pm</p> <p>Yoga: 6:15-7:45 pm</p>	<p>22</p> <p>Writers Group: 10 am-noon</p> <p>Mah Jongg: 10 am-noon</p> <p>Woman's Group: 1-2:30 pm</p> <p>Meditation: 6:30-8:30 pm</p> <p>N Anon: 7-8 pm</p>	<p>23</p> <p>Life-Long Learning: 4 -5:30 pm</p> <p>Choir Rehearsal: 6 -7:30 pm</p>	<p>24</p> <p>Democracy Now: 10:30- noon</p> <p>Membership Mtg: 2:30-4 pm</p> <p>Spiritual Growth: 4:30-6 pm</p> <p>Vespers: 5 -6 pm</p> <p>N Anon: 7 -8 pm</p>	<p>25</p> <p>LGBTQ Movie Night: 7 -9 pm</p> <p><i>"Milk"</i></p>	<p>26</p> <p>Celebration of the Life of Dick Peppers: 2 -4 pm</p>
<p>27</p> <p>Discussion Group: 9:15-10:15 am</p> <p>Sunday Service: 10:30-11:30 am</p> <p>Tai Chi: 4 -5 pm</p> <p>N Anon: 7 -8 pm</p>	<p>28</p> <p>Brown Bag lunch w. the Minister: noon-1 pm</p> <p>Yoga: 6:15 -7:45 pm</p>	<p>29</p> <p>Mah Jongg: 10 am-noon</p> <p>Meditation: 6:30-8:30 pm</p> <p>N Anon: 7-8 pm</p>	<p>30</p> <p>World Religions: 4 -5:30 pm</p> <p>Choir Rehearsal: 6 -7:30 pm</p>	<p>31</p> <p>Democracy Now: 10:30- noon</p> <p>Spiritual Growth: 4:30-6 pm</p> <p>N Anon: 7 -8 pm</p>		

Upcoming Worship Services

Date:	Topic:	Presenter:	Service Leader:
December 30:	“Joys and Concerns at the End of the Year”	--Ellen Nielsen and the Congregation	
January 6:	“The Nexus of Crisis and Possibility”	--Rev. Kathy Rickey	--John Horner
January 10:	Vespers—a Thursday evening service of sharing and prayer (5-6 pm)		
January 13:	“On the Edge of the Unknown: Where Possibility Lives”	--Rev. Kathy Rickey	--Cliff Jackson
January 20:	“Creating Harmony: Learning to Disagree without Distancing”	--Aidan Quinn and Christine Stay	
January 24:	Vespers—a Thursday evening service of sharing and prayer (5-6 pm)		
January 27:	“As the Spirit Moves”	--Rev. Kathy Rickey	--Rita Scheeler

Susan Garrison-3rd
 Ann Hall-3rd
 Phil Elliot-4th
 Peter Remington-10th
 Val Rellstab-11th
 Jofre Miller-17th

January Birthdays

Helen Casoli-27th
 Ashara Watkins-27th
 Kathy Tew Rickey-27th
 Debbie Hanson-30th
 Jack Moeller-31st



The Jotter

Newsletter of the Unitarian Universalist Congregation Ormond Beach

January 2019

Rev. Kathy Tew Rickey, Minister: revk2rickey@gmail.com
 RE teachers: Debra Hanson/Mary Wentzel: (contact UU Office)
 Cathy Jackson, Office Administrator: (386) 677-6172
 Office hours: M/W: 8 a.m. to 1 p.m. & T/Th: 2:00 to 6:30 p.m.

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Joan Thate, President: jbthate@gmail.com
 Carolyn West: *Jotter* editor (386) 672-9352
 Website: <http://www.uuormond.org>
 Children's RE on Sunday 10:15 to 11:45 a.m.
 Discussion Group meets Sunday at 9:15 a.m.
Sunday Service: 10:30 -11:30 a.m.