

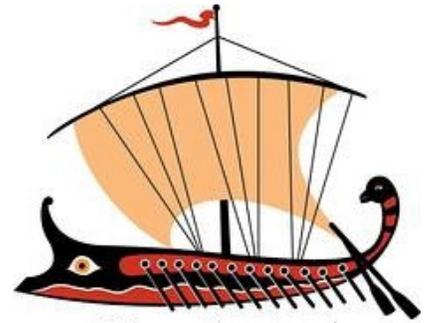
Unitarian Universalist Congregation



Ormond Beach

A NOTE FROM OUR MINISTER:

Our worship theme this month is Journey. The concept of journey, or odyssey, or adventure each point to the archetype of life's passages — the journey toward adulthood, the many journeys of adulthood, and the return journey to the sunset of our lives. Along the way, we prove ourselves worthy, we slay dragons, and at the journey's end we rest and tell our tales so that we may share what we learned along the way.



Each Sunday I'm in the pulpit this month, I will explore with you four aspects of our human journeying: Leaving, Wandering, Running, and Coming Home. Each of these types of adult journeys is both literal and metaphorical. In other words, we can literally wander the streets of a city or the hills of a beautiful countryside, letting our feet and our thoughts go where they may. But wandering can also be like the Biblical desert story of Moses and his people— they weren't quite ready or perhaps worthy of the promised land immediately. They had to spend time being lost while they shed their identities as Egyptian slaves and donned their mantles as Hebrews about to establish a new nation under one deity.

Some of the journeys we will explore are the steps necessary in our coming of age and in attaining our emotional well-being in adulthood. Yet these necessary transitions can be hard to face as they require change and transformation. For instance, if you have a nice, cozy life with your family of origin, you may not want to leave it. Meanwhile, there are others who can't wait to get out there in the world and make their way, even if it's risky. In either case, leaving home is a necessary step to adulthood.

Indeed, change is hard, but transformation may be even harder to face. Change may come externally, such as change in circumstance. But transformation means a change in who we are — transformation requires courage because it requires a will to shed a familiar identity and become something else. Why would anyone want to do that? Because sometimes we get stuck in familiar, comfortable roles in life, even when they aren't so good for us anymore.

Thus, our worship theme this month will challenge yet benefit us if we are willing to risk journeying. Let us undertake it with love, courage, and the willingness to support each other as we navigate the hero's journey.

Yours in Faith,
Rev. Kathy



Spring Forward!

Daylight Savings time begins on
Sunday, March 10th at 2:00 a.m.

PRESIDENT'S MESSAGE—Personal Injury

In a voluntary association of human beings, who is hurt if we hold onto old grudges? Unfortunately, the answer is most likely every one of our family, friends and colleagues.

We are all merely human and forever vulnerable to slights, hurts, misunderstandings, and disappointing disagreements that can have a perverse tendency to be magnified over long periods of time as we add additional grievances to the same underlying anger. If the society is polite, the grudges are often not “hot” but simmering. And, being human, we find those who at least appear to agree with us, and indulge in inviting others to jump into the simmering pot with us, thereby spreading the misery.

Who is hurt? Not just those who are the focus of our anger, but we hurt ourselves. Here is a list of what the Mayo Clinic says the practice of holding onto grudges can do to you:

“If you're unforgiving, you might:

- Bring anger and bitterness into every relationship and new experience
- Become so wrapped up in the wrong that you can't enjoy the present
- Become depressed or anxious
- Feel that your life lacks meaning or purpose, or that you're at odds with your spiritual beliefs
- Lose valuable and enriching connectedness with others”

We say we believe in forgiveness. It's not easy, and sometimes we have to go back over the same issue and forgive again and again. We can help ourselves by working at that. We can acknowledge that we are not perfect and have hurt others. We can seek counseling specifically aimed at the process of letting go. We can decide to clear anger and resentments out of ourselves and open up to a breath of fresh air that lets us look to the future with more joy and hope.

While we work toward a more non-toxic society, the Mayo Clinic suggests: “As you let go of grudges, you'll no longer define your life by how you've been hurt. You might even find compassion and understanding.”

In the words of Shakespeare, achieving such compassion and understanding is “a consummation devoutly to be wished.” Let's not just wish. Let's work. Such important emotional and spiritual work is what our Covenant of Right Relations calls on us to do.

--Joan Thate

UPCOMING PULPIT PRESENTATIONS

March 3—Rev. Kathy Tew Rickey, “The Journey of Leaving”.

Our first and necessary journey is that of leaving the nest. We all must learn to fly. But there are times in our adult lives when we find leaving a necessity – perhaps an unsatisfactory job or career, an incompatible relationship, a home or homeland which is oppressive or harmful. This journey can be one of the most difficult. Let's explore why and how we can help ourselves or a friend or loved one through this difficult journey toward becoming whole.

Service Leader: John Horner

March 10—Rev. Kathy Tew Rickey, “The Need to Wander”

Sometimes a good long walk or a slow ride to nowhere can clear our heads. We’ll examine this subject with inspiration from Rebecca Solnit’s book, *Wanderlust*.

Service Leader: Rita Scheeler

March 17—Rev. Kathy Tew Rickey, “On the Run: A Journey of Restlessness”

If you’ve read the book *Chocolat* or seen the movie, you’ll know what’s coming — when we have trouble setting down roots, might we be running from something? Or, we discover a more difficult question—are we running from ourselves?

Service leader: Bill Ternent

March 24—Dr. Ted Mashburn, “Two Sons and a Request”.

The Biblical text of Matthew 21:28-32 includes one of the most provocative parables Jesus ever offered. He observes that the most “religious” people are not so religious and the least religious people really are religious. Perhaps the French philosopher, Pascal, was correct when he wrote: “There are only two kinds of men: the righteous who think they are sinners and the sinners who think they are righteous.”

Service Leader: Denise Carter

March 31—Rev. Kathy Tew Rickey, “Going Home: The Hero’s Journey”

Is retirement the end of our life’s journey or are there more adventures ahead? For those who are far from retirement, are you imagining a return home from the adventures of adulthood? What’s your plan for getting “Closer to Home” (American rock band Grand Funk Railroad, 1970).

Service Leader: Linda Kalaydjian

THE ALLIANCE—

Our January soup lunch for Family Renew was a success, and we raised over \$300. The Alliance had pledged \$365 to Family Renew and our donation has been sent to them. This organization works to provide the support, services, and transitional housing for local homeless families with children.

Our next soup lunch will be on March 31st and all proceeds will be given to FAITH, Volusia County’s interfaith social action coalition. FAITH (Fighting Against Injustice Toward Harmony) has advocated on behalf of many important local social issues recently, including the building of a permanent shelter for homeless adults. The FAITH Action Assembly is scheduled for April 8th at 6:30 pm at the Peabody Auditorium, Daytona Beach.

At our February 7th meeting, we established an ad hoc committee to further investigate our participation in helping the overflow homeless shelter at the Church of the Holy Child in Ormond Beach. We would like to contribute money, volunteer hours, and food to help people in our area who are experiencing homelessness.

The Alliance will be sponsoring the monthly potluck on March 1st with turkey and all the fixings on the menu. We hope to educate new members of the congregation about the Alliance is all and to recruit new members.

We will be planning a day trip by bus to a fun destination sometime this spring and invite all UU members once we establish a date and place. The Alliance meets at UU on the first Thursday of each month at 11:30. Our next meeting is March 7th —we welcome new members so please come and join us!

--Jeanne Young

REFLECTIONS— New Evening Services Begin March 28th

Beginning Thursday, March 28, from 7:00 p.m. to 8:00 p.m., and every second and fourth Thursday thereafter, the Worship Committee will hold an evening service of reflection which will include music, readings, and meditation. The Reflections services will provide an opportunity for those who desire, a time out from the busy-ness and daily-ness of life. The Reflections service provides a time and place to slow down, nourish the spirit, and restore the soul. All are welcome.

FAMILY RENEW COMMUNITY—Our Share-the-Plate Partner

Our UU Alliance has chosen Family Renew Community to receive our Share-the-Plate offering on March 17, 2019. Family Renew considers homelessness in Volusia County to be a major concern, especially where the health and safety of children are involved. As Unitarian Universalists, we are committed to fighting for social justice and to helping families with children move toward a brighter future.



Family Renew has been helping families lift themselves out of homelessness since 1989. Currently, it operates 34 temporary/transitional housing apartments in Daytona Beach, Holly Hill and DeLand. As a non-profit organization, Family Renew provides support for these families as they work toward their own economic stability, including several services to help them break the cycle of poverty. Of the 41 families who moved out of their Family Renew apartments last year, 96% moved into permanent housing and toward more stable lives. On **Sunday, March 17th** —the 30th anniversary of Family Renew Community— let's give generously and continue to help these families have a second chance. Thank you.

--Ed Kolaska

UUA GENERAL ASSEMBLY—June, 2019



The Unitarian Universalist Association General Assembly for 2019 will take place in Spokane, Washington, June 19-23, 2019. The annual national gathering of Unitarian Universalists “offers a wealth of theological diversity.” Check the UUA website for highlights, including the Ware Lecture and the Service of the Living Tradition, as well as the variety of informative programs and worship choices that will be available.

WOMAN'S RETREAT— Celebrating Sacred Spaces

The 9th Annual Florida Unitarian Universalist Women's Retreat will take place April 5-7 at the DaySpring Episcopal Conference Center, Ellenton, FL, located off I-75 just north of Sarasota on Florida's West Coast. “The beautiful campus nestled under ancient oaks and located on a cove of the Manatee River offers a serene setting for our annual retreat. The registration fee of \$220 per person covers expenses for a semi-private room and meals. To register, contact Helen Leddy helen.leddy@gmail.com

MOVIE NIGHT— *Pariah*

With “a stirring performance” from Adepero Oduye, *Pariah* is a powerful coming out/coming-of-age film. Rotten Tomatoes scours it a 95%: “It signals the arrival of a fresh new talent in writer/director Dee Rees.” Join us for LGBTQ Movie Night, Friday, March 29th at 7 p.m. with discussion to follow.

LIFE LONG LEARNING— Programs for March

Life Long Learning programs for 2019 will be varied and include topics related to philosophy, history and the arts as well as science and education. Each session includes time for audience questions and comments.

“Andalucía: Jewel of Islamic Spain”— Dr. Martha Sanders Brandt, Wednesday, March 13th from 4 to 5:30 pm

Dr. Brandt has been engaged in a serious study of Islamic art which she likes to share with others. This program will provide a journey of the heart from a serene mosque into a beautiful fortress and on to an elegant palace.

A retired college professor of French, Dr. Brandt comes from a life filled with art, music, literature, spiritual quest, and worldwide travel. Her experiences with these fascinating sites in Spain have been among the highlights.



“Plato’s Apology”— Dr. Ted Mashburn, Saturday, March 23rd from 10 to 11:30 am

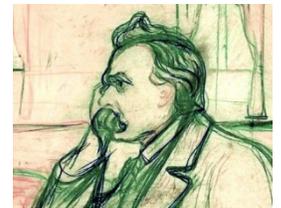


Dr. Ted Mashburn, Professor and Department Chair of Humanities at the University of Mobile, will discuss “Plato’s Apology” which relates to the trial of Socrates, the death sentence handed down by the court of Athens and the defense of Socrates before the court.

Professor Mashburn’s academic and professional background includes combining religion/spirituality (e.g. Baptist pastor positions) with philosophy/theology (e.g. Master of Theology degree, University of Edinburgh and Doctorate of Philosophy in philosophy and theology, Oxford University.) This will be a thought-provoking program using a lecture-discussion format.

“Reading Nietzsche in Our Turbulent Times”—Dr. Kyra Von Brokoph, Wednesday, March 27th from 4 to 5:30

Friedrich Nietzsche (1844-1900), a great thinker of the 19th century, has been called an existentialist, a nihilist, and is known as a critic of religion, morality, contemporary culture, and is remembered for the concept of the *Obermensch* (Superman). With his proclamation that God is dead, he announced the end of metaphysics and is thus regarded as the father of modern philosophy. Like all great thinkers he must be studied in the context of his time, place, social, political, and philosophical currents that influenced him and helped shape his controversial and contradictory views. The program will examine if some of his ideas have relevance today.



Professor Kyra von Brokoph is retired from a career that focused on German literature and culture and philosophy at St. Lawrence University. She has published in these areas extensively and lectured at academic conferences and universities worldwide.

--Tom Hilburn

World Religions Classes—Rev. Kathy Tew Rickey, on the 1st and 3rd Wednesdays 4:00 to 5:30 p.m.

We will continue our study the basic tenets of religions of the East. No pre-reading, no homework – just come and enjoy in words, pictures, and hear from some folks who are practitioners of these faiths. We’ll have break-out sessions for class participants to explore and process with each other the many remarkable aspects of eastern religions:

March 6th —Confucianism and Shintoism

March 20th —Taoism and Summary

SPRING RUMMAGE SALE—Spring Cleaning Opportunity!

The UU spring rummage sale will take place on **March 15 & 16** so it's time to plan for the items you will donate. Drop them off at UU on **Wednesday, March 13 or Thursday, March 14** between 8:00 a.m. to 4:00 p.m. if possible. Please be sure that your items are clean and in good condition, with suggested prices if you can determine them.

We need many volunteers all day Wednesday and Thursday to help with unloading, sorting and pricing. Jewelry can be brought in sooner, for help with pricing. Donation receipt forms will be available for you to fill out. If you need help getting your donated items to the UU building or advice about storing them with a fellow UU until March 13, call Cliff Jackson at 677-7687 or e-mail: reelseeker@aol.com

Hours for drop off are between 8:00 a.m. and 4:00 p.m. on Wednesday and Thursday. Volunteers are also needed for helping at the sale on Friday and Saturday. **The rummage sale itself is 8:00 a.m. to 2:00 p.m. on Friday and from 8:00 a.m. to 1:30 on Saturday.**

We also need extra card tables or long tables if you can loan them. Please bring on Wednesday, March 13th and mark them with a masking tape label underneath that says "Not for Sale" and your name. Cleanup of our sanctuary is also important on Saturday afternoon in order to prepare for the Sunday worship service. We especially need physically strong helpers to get leftover items ready for removal on Saturday afternoon.

Please sign up for part or all of any of the four days, using the sign-up sheet on the back table. We usually bring our own lunches, and we usually bring extra to share with each other. Many thanks!

--Cliff Jackson

VOLUNTEERS NEEDED—Spring into Action

We need regularly scheduled Work Days in order to maintain our Congregation's building and grounds. Currently, **a small band of loyal volunteers** are doing this work, including **Tom and Julie Hilburn, Peter Remington, Kurtland and Gaia Davies, Dorothy Dobbins, Bill Ternent, Joan Thate, Mike Downey, Jim and Marge Hendra, Dennis Alsobrook, Cliff Jackson, as well as Susan and Preston Garrison.**

These folks do a tremendous amount of work— attacking a variety of recurring tasks necessary to keep the building and grounds clean, safe and attractive. However, this small number of regular volunteers limits the amount of work that the group can accomplish on any one Work Day.

As we move into the spring and summer "growing" seasons, our currently small-but-loyal group will need additional volunteers to share the load. Even if you can only participate in occasional Work Days, your support and assistance will be gratefully appreciated.

Most Work Days are scheduled on Saturdays from 9:00 AM until noon. They take place on a monthly basis unless our building and grounds need additional work, especially during the spring and summer months when we need more time for exterior tasks. In the next few weeks, we will have to complete a number of these exterior jobs, including power washing and staining the rear deck and walkway. For those who prefer not to "brave the elements" outside, other necessary tasks await inside the air-conditioned building.

Our next Work Day is scheduled for Saturday, March 9th — and "all hands" are welcome! Please check the sign-up sheet at the back of the sanctuary to join the UUCOB Work Day volunteers' e-mail list. We sincerely thank all those who are currently giving their time and effort to keeping our building and grounds in good condition!

--Preston & Susan Garrison

March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Sandberg art reception: 5:30-6:30 pm Pot Luck: 6-8 pm	2 Yoga Group: 9-10 am Subud Mtg: 6-9pm
3 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	4 Brown Bag lunch w. the Minister: noon-1 pm Yoga: 6:15-7:45 pm	5 Mah Jongg: 10 am -noon Woman's Group: 1-2:30 pm Meditation: 6:30-8:30 pm N Anon: 7-8 pm	6 Beginning Yoga: 9 -10:15 am Easy Flow Yoga: 10:45 am-12:15 Worship Mtg: 11 am-12:30 pm World Religions: 4 -5:30 pm Choir Rehearsal: 6-7:30 pm	7 Caring Mtg: 10-11 am Democracy Now: 10:30- noon Alliance: noon-2 pm Spiritual Growth: 4:30-6 pm N Anon: 7-8 pm	8 Heart 4 Souls: 5-9 pm	9 Work Day: 9 am-noon 
10 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	11 Brown Bag lunch w. the Minister: noon-1 pm Prayers & Meditation: 3-4 pm Yoga: 6:15-7:45 pm	12 Writers Group: 10 am-noon Mah Jongg: 10 am-noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	13 Set up for Rummage Sale 8 am - 4 pm Beginning Yoga: 9 -10:15 am Easy Flow Yoga: 10:45-12:15 Life-Long Learning: 4-5:30 Choir Rehearsal: 6-7:30 pm	14 Set up for Rummage Sale 8 am - 4 pm Finance Mtg: 10:30 am-noon Democracy Now: 10:30- noon Spiritual Growth: 4:30-6 pm N Anon: 7-8 pm	15 Rummage Sale 8 am - 2 pm Exploring Metaphysics: 6-7 pm	16 Rummage Sale 8 am -1:30 pm Subud Mtg: 6-9pm
17 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am (Share the Plate) Tai Chi: 4-5 pm N Anon: 7-8 pm	18 Brown Bag lunch w. the Minister: noon-1 pm Yoga: 6:15-7:45 pm	19 Mah Jongg: 10 am-noon Woman's Group: 1-2:30 pm Meditation: 6:30-8:30 pm N Anon: 7-8 pm	20 Beginning Yoga: 9 -10:15 am Easy Flow Yoga: 10:45 am-12:15 World Religions: 4 -5:30 pm Choir Rehearsal: 6-7:30 pm	21 Democracy Now: 10:30- noon Spiritual Growth: 4:30-6 pm Board of Trustees Mtg: 5:30-7 pm N Anon: 7-8 pm	22 All <i>Jotter</i> articles due	23 Life Long Learning: 10-11:30 am Ted Mashburn
24 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm	25 Brown Bag lunch w. the Minister: noon-1 pm Yoga: 6:15-7:45 pm	26 Writers Group: 10 am-noon Mah Jongg: 10 am-noon Meditation: 6:30-8:30 pm N Anon: 7-8 pm	27 Beginning Yoga: 9 -10:15 am Easy Flow Yoga: 10:45 am-12:15 Life-Long Learning: 4-5:30 Choir Rehearsal: 6-7:30 pm	28 Democracy Now: 10:30- noon Membership Mtg: 2:30-4 pm Spiritual Growth: 4:30-6 pm Reflection: 7-8 pm N Anon: 7-8 pm	29 LGBTQ Movie Night: 7-9 pm Pariah	30
31 Discussion Group: 9:15-10:15 am Sunday Service: 10:30-11:30 am Tai Chi: 4-5 pm N Anon: 7-8 pm						

Upcoming Worship Services

Date:	Topic:	Presenter:	Service Leader:
March 3--	“The Journey of Leaving”	--Rev. Kathy Rickey	--John Horner
March 10--	“The Need to Wander”	--Rev. Kathy Rickey	--Rita Scheeler
March 17--	“On the Run: A Journey of Restlessness” Share-the-Plate Offering with Family Renew Community	--Rev. Kathy Rickey	--Bill Ternent
March 24--	“Two Sons and a Request”	--Dr. Ted Mashburn	--Denise Carter
March 28--	Thursday Evening Service of Reflection (7-8 pm)		
March 31--	“Going Home: The Hero’s Journey”	--Rev. Kathy Rickey	--Linda Kalaydjian

March Birthdays



- | | |
|--------------------------------------|----------------------------------|
| Kyra Brokoph-3 rd | Jaci Hanson-23 rd |
| Orlando Carrasquillo-4 th | Brenda Tart-25 th |
| Betsy Harmon-10 th | Jim Hendra-26 th |
| Dorothy Dobbins- 11 th | Marilou McKemie-27 th |
| Martin Feignebaum-11 th | Bob Palmer-30 th |
| Cliff Jackson-11 th | Beverly Berger-31 st |
| Linda Sanders-15 th | Caryl Koses-31 st |
| Ron Melvin-22 nd | |



The Jotter

Newsletter of the Unitarian Universalist Congregation Ormond Beach

March 2019

Rev. Kathy Tew Rickey, Minister: revk2rickey@gmail.com
 RE teachers: Debra Hanson/Mary Wentzel: (contact UU Office)
 Cathy Jackson, Office Administrator: (386) 677-6172
 Office hours: M/W: 8 a.m. to 1 p.m. & T/Th: 2:00 to 6:30 p.m.



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Joan Thate, President: jbthate@gmail.com
 Carolyn West: *Jotter* editor (386) 672-9352
 Website: <http://www.uuormond.org>
 Children’s RE on Sunday 10:15 to 11:45 a.m.
 Discussion Group meets Sunday at 9:15 a.m.
Sunday Service: 10:30 -11:30 a.m.